Welcome to Hradec Králové
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The mission of the University of Hradec Králové concerns three essential tasks:

- set up opportunities for full development of the abilities of all interested applicants,

- enable this development through the provision of high-quality educational programmes,

- contribute to the competitiveness of the region as well as to the quality of its citizens’ lives.
DEAR FOREIGN FRIENDS!

The next few pages of this publication aim to help you to become familiar with the University of Hradec Králové. Welcome!

During my life, I have had the opportunity to study and work at several universities, both at home in the Czech Republic and overseas. Now, as professor and rector of a university with good international reputation, I still regularly travel abroad and have the privilege to see amazing places and meet a countless number of inspiring personalities at other universities and institutions. Always, after my return home, I feel enriched and strengthened in my conviction, that through friendly personal interaction we all can achieve higher goals and elevate ourselves personally. Not only by sharing our professional knowledge and experience, but also by sharing our cultural backgrounds.

Now, as rector of the university, I would like to invite you to take the opportunity to visit one such place, the University of Hradec Králové! Beautiful, welcoming and safe place, rich in tradition and young in spirit as the whole of the country. I believe that here in the Czech Republic and the city of Hradec Králové particularly, you will find many places of natural beauty and a fascinating cultural heritage.

At the university you will find a comforting atmosphere with friendly colleagues who are ready to develop your ideas and share their experiences with you. It is easy to find here a study course or a research field that interests you the most, and we will be pleased to be at your side while you try to achieve your goals, whatever they may be. We have an excellent track record of international relations and do our best to help our international students feel both professionally and personally accommodated.

We hope that you will become a valuable member of our large, still growing global family of the University of Hradec Králové, and would like to congratulate you in advance for your excellent choice!

Yours Sincerely, Kamil Kuča
The Czech Republic is a small country located in the heart of Europe. Borders of this country have changed many times over its 1000 years of existence. As a country surrounded by mountains from almost every side, it spreads to 78,867 square kilometres. Changing of the landscape varies surprisingly quickly from the plains to the highest peaks of the Czech mountains.

The Czech Republic is well known for its natural treasures located all over the country. Starting with Krušné hory and Šumava on the west, following the stream of the Elbe river to the Krkonoše mountains, then back to the middle through the protected area Český ráj and the capital Prague and further to the east through historical cities like Kutná Hora and Brno to the most eastern parts touching the Slovakian borders. Diverse plants and animal species with the various landscapes are attractive all year round. New and old elements are connected in the architecture and rich history of the Czech towns. You can feel the tension exploring the mysterious old parts and finding new thrill looking at the modern buildings spread through them.

Traditional Czech food consists of two or more courses. Starting with soup, followed by the main course and sometimes desserts. The typical Czech cuisine is mostly meat oriented these days. Come and taste the specialities like Svičková na smetaně (beef in cream)!

The climate in the Czech Republic varies from season to season. Harsh winters are replaced by the hot summers. Average temperatures vary between -15 to 30 degrees of Celsius in the worst/best case scenarios. Don’t forget to bring warm clothes for the winter!
In the Czech Republic, the main currency is the Czech crown. Because of this, it might sometimes be difficult to compare prices of goods and services to your home country.

**Did you know…?**

The word "robot" comes from the Czech language (robota = "work", "hard work" in some dialects) and was first introduced in Karel Čapek's science-fiction play R.U.R. (Rossum's Universal Robots).

The soft contact lens was invented in Czechoslovakia by professor Otto Wichterle in 1961.

The sugar cube was invented in the Czech town Dačice in 1843.

The word "Czech" is an adjective and therefore should not be used as the abbreviated name of the country.

The Bata Shoe Company was founded in Zlín, Czech Republic, in 1894 by Tomáš Baťa and is the largest shoe retailer and manufacturer in the world.

The Czech film Kolja ("Kolya" in English) won the Academy Award for Best Foreign Film in 1996.

In 1984, the Czech poet Jaroslav Seifert won the Nobel Prize in Literature.
There’s a small/big city in Bohemia, Czech Republic. It lies on the confluence of the Elbe and Orlice rivers. This city is called Hradec Králové, you could say small by the number of inhabitants, but big because of its culture, industry and education. Connecting the old history of the town originally donated by the king to his wife with new and improving infrastructure, that is Hradec Králové, the city where you will spend your next months.

The story of Hradec Králové goes back to the ancient times. The grounding of the Cathedral of Holy Spirit was laid down in the Middle Ages. The Cathedral of Holy Spirit, situated on the Great Square, belongs to the city’s dominants along with the City Hall and the White Tower. From being a dowry city, through being a military base, Hradec has developed to be one of the most beautiful cities in the Czech Republic. During its biggest fame, it was called the „Saloon of the Republic“.

On your sightseeing tour of Hradec you should definitely stop by the beautiful parks such as Jiráskovy sady, where you can reach the influence of the rivers which the city lies on. On the other hand, you can visit the Šimkovy sady, where the famous music festival „Majáles“ is held at the end of April.

„The city of universities“ is what you can call Hradec Králové today. Within its walls reside 4 institutions of the University of Hradec Králové, Faculty of Pharmacy and Faculty of Medicine from the Charles University and also the University of Defense. The number of students studying in Hradec Králové is enormous.

Isn’t that enough? You can also visit the winter stadium, football stadium, Museum, theatres, cinemas and much more!
Contact Information

Name and address:
University of Hradec Králové
(Univerzita Hradec Králové)
Rokitanského 62
500 03, Hradec Králové 3
Phone: +420 493 332 508
Fax: +420 493 332 544
E-mail: info@buddyhk.cz
Web: www.uhk.cz
GENERAL INFO

Meet the dynamic and youthful environment of the University of Hradec Králové (UHK) – an institution founded in 1959 that has borne its present name since 2000. The University of Hradec Králové provides high-quality tertiary education within a large scope of study fields that comprise Social Sciences, Humanities, Educational Studies, Natural Sciences and Information Technology Studies. Applicants can choose from dozens of study programmes that cover almost one hundred study disciplines.

A large number of applications submitted to the University every year demonstrates the high standard of education at the University, and it confirms its excellent name. The University of Hradec Králové prepares qualified specialists that succeed in the local labour market as well as abroad. In 2010, the University received the Diploma Supplement Label, a certificate issued by the European Commission confirming that the University meets all standards of European tertiary education institutions.

The University campus “Na Soutoku”, (“At the Confluence”), is situated conveniently in the town centre within walking distance of other university buildings, the Research and Study Library, and the old town with many cosy restaurants and bars. In addition to classrooms and lecture halls equipped with the latest technology, the campus includes the University Library, a textbook shop, and an art gallery. You can find here the Counselling Centre as well.

The University of Hradec Králové consists of four parts: Faculty of Education, Faculty of Informatics and Management, Philosophical faculty, Faculty of Science.
TRADITION

Education of teachers in Hradec Králové has a long history which dates back to 1775 when the education revolution of Maria Theresa took place. In 1959 the institute was established under the name of the Institute of Education with the purpose of training teachers for both levels of elementary schools.

In 1964, the Faculty of Education was established by merging Institutes of Education in Hradec Králové and Pardubice. In 1992 the University of Education in Hradec Králové was established. In 1993 a new faculty has been added. It was the Faculty of Management and Information Technologies which was later in 2000 renamed to Faculty of Informatics and Management. Name of the university was changed to the University of Hradec Králové later that year.

In 1997 a new building was built under the name „Building of Common Education“ which won the architecture prize as the Building of the year in 1998. A new building of the Faculty of Informatics and Management was built in 2008 which was the beginning of the efforts to connect the faculties and to build a new university campus.

One by one new faculties were established which made the University of Hradec Králové an important institution of higher education.

FACULTIES

- Faculty of Education
- Faculty of Informatics and Management
- Philosophical Faculty
- Faculty of Science

All of the faculties spread within the centre of Hradec Králové which sometimes require a little walk to take your classes.
**ACADEMIC YEAR**

The academic year is organized in 2 semesters.

The winter semester usually starts in the third week of September and ends in December; the summer semester begins in February and ends in July. A 6 week long period of exams follows each semester.

**GRADING SYSTEM**

The ECTS grading scale is used to assess studies with letters A, B, C, D, E, F representing the achieved score, where the letter “A” represents the best exam outcome, “F” means, that the student has failed the exam. Mutual comparison of the ECTS classification with verbal and numerical classifications in the environment of the UHK as follows:

<table>
<thead>
<tr>
<th>ECTS</th>
<th>POINTS</th>
<th>VERBAL AND NUMERICAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>100 – 90</td>
<td>Excellent (1)</td>
</tr>
<tr>
<td>B</td>
<td>89 – 80</td>
<td>(1,5)</td>
</tr>
<tr>
<td>C</td>
<td>79 – 70</td>
<td>Very good (2)</td>
</tr>
<tr>
<td>D</td>
<td>69 – 60</td>
<td>(2,5)</td>
</tr>
<tr>
<td>E</td>
<td>59 – 50</td>
<td>Satisfactory (3)</td>
</tr>
<tr>
<td>F</td>
<td>49 - 0</td>
<td>Failed (4)</td>
</tr>
</tbody>
</table>

In recognition of parts of studies or study subjects a verbal expression "recognized" may be used instead of the grading scale.

www.uhk.cz/en-GB/UK/Nedni-deska/Nedni-deska-univerzily.aspx (Full Text of the Study and Examination Regulations of the University of Hradec Králové 2015 (Article 14))
You can find everything you could possibly need for your stay here:

If you decide to do an Erasmus+ placement in Hradec Králové, you should contact your home HE Institution for information about application procedure etc. You can also contact your Erasmus faculty coordinator or directly the University of Hradec Králové for some help with finding placement in Hradec Králové.

DZS
The Centre for International Cooperation in Education
www.dzs.cz
info@dzs.cz
ERASMUS COORDINATORS

Each faculty has its own coordinator for international affairs. Below you can find a list of the faculties with contact information for their administrative office. Students can contact faculties’ coordinators about academic topics. Names of the coordinators are written below.

<table>
<thead>
<tr>
<th>Faculty of Informatics and Management</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Be. Kristýna Jandová</td>
<td><a href="mailto:kristyna.jandova@uhk.cz">kristyna.jandova@uhk.cz</a></td>
</tr>
<tr>
<td></td>
<td></td>
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<tr>
<td>Philosophical Faculty</td>
<td></td>
</tr>
<tr>
<td>Mgr. Markéta Machačová</td>
<td><a href="mailto:marketa.machacova@uhk.cz">marketa.machacova@uhk.cz</a></td>
</tr>
<tr>
<td>agenda: incoming Erasmus+</td>
<td></td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Mgr. et Mgr. Věra Kouřimová</td>
<td><a href="mailto:vera.kourimova@uhk.cz">vera.kourimova@uhk.cz</a></td>
</tr>
<tr>
<td>agenda: incoming ICM (International Credit Mobility)</td>
<td></td>
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<tr>
<td></td>
<td></td>
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<tr>
<td>Mgr. Tomáš Herčík</td>
<td><a href="mailto:tomas.hercik@uhk.cz">tomas.hercik@uhk.cz</a></td>
</tr>
<tr>
<td>agenda: incoming LA/AF/AS</td>
<td></td>
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<tr>
<td></td>
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<tr>
<td>Faculty of Education</td>
<td></td>
</tr>
<tr>
<td>Ing. Petra Nosková</td>
<td><a href="mailto:petra.noskova@uhk.cz">petra.noskova@uhk.cz</a></td>
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<tr>
<td></td>
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<tr>
<td>Faculty of Science</td>
<td></td>
</tr>
<tr>
<td>Mgr. Pavla Holubová</td>
<td><a href="mailto:pavla.holubova@uhk.cz">pavla.holubova@uhk.cz</a></td>
</tr>
</tbody>
</table>
NECESSARY FORMALITIES

VISA (NON EU CITIZENS)
Foreign citizens who are subject to visa requirement are obliged to apply for a visa prior their entry into the Czech Republic at the authorized Czech diplomatic mission/consular post. If there is no Czech diplomatic mission or consular post in the applicant’s country, an application for a visa may be submitted to the nearest Czech diplomatic mission consular post.

For EU citizens visa is not required!
It could take 2 months to get a visa, so don’t forget to apply on time!

You can find more information about the visa requirements on this web page: http://www.mzv.cz/jnp/en/information_for_aliens/general_visa_information/index.htm

RESIDENCE PERMIT
As a student in the Czech Republic, you are obliged to obtain a residence permit if staying more than 90 days. If your application is OK, you will receive a residence permit for the purpose of studying in the Czech Republic. Students have to apply for a residence permit on-site in the Czech Republic.

A residence permit in a Member State for the purpose of studying is mandatory for all international students. Non-EU countries: For students from the non-EU countries it is obligatory to have a residence permit/visa before coming to the Czech Republic - regardless of the length of their stay in the Czech Republic. Students must apply for a temporary residence permit at the Czech embassy, consular or diplomatic mission at home or in the nearest country.
Within three days of arriving to Hradec Králové, you need to confirm your residence permit at the Office for Foreigners.

**FULL APPLICATION MUST HAVE:**

→ Application form

→ Copy of your residence permit/visa (only non-EU citizens) and the original as proof

→ Copy of a valid Identity card or Passport (first page) and the original as proof

→ Copy of your Acceptance letter and the original (as proof that you are enrolled in a recognized educational institution)

→ Copy of your European health insurance card (and the original as proof) or another health insurance policy translated into the Czech language

→ Declaration of finances (as proof of sufficient resources during the period of residence)

→ Declaration of temporary residence:
  * If you are staying in a private accommodation: a signed confirmation from your private accommodation or bring a copy of your lease contract
  * If you are staying in the Student dormitories, they will take care of that.

**HEALTH INSURANCE**
All international students must have a health insurance during their stay in the Czech Republic. Students from EU countries need a Health Insurance Card and its photocopies.

Students from countries outside the EU must bring passport along with a document confirming that they have insurance in their home country.
**TRAVELLING TO HRADEC KRÁLOVÉ**

**BY PLANE**
You can fly to our Capital city Prague. Also, you can fly to one of our neighbour countries: Germany (Frankfurt, Munich, Berlin), Austria (Klagenfurt, Vienna), Poland (Warsaw, Cracow) and Slovakia (Bratislava, Košice). From there you can take a train, a bus or a taxi. We recommend flying to Prague.

**BY TRAIN**
You can go to Hradec Králové by train from all major surrounding cities. Hradec is not one of the important railway junctions, so you will probably need to switch some trains to get there. You can check the connections here:

- [www.thetrainline-europe.com](http://www.thetrainline-europe.com)
- [www.idos.cz](http://www.idos.cz)

**BY BUS**
As stated before Hradec Králové is not one of the main transportation junctions. You can find more information at:

- [www.studentagency.eu](http://www.studentagency.eu)
- [www.idos.cz](http://www.idos.cz)
From airports

Czech Republic
Prague (PRG) -> Hradec Králové
• 141 km; 1 h 35 mins by CAR

Germany
Frankfurt
• 627 km; 5 h 49 mins by CAR
Munich
• 497 km; 4 h 43 mins by CAR
Berlin
• 447 km; 4 h 28 mins by CAR

Austria
Klagenfurt
• 600 km; 6 h 44 mins by CAR
Vienna
• 281 km; 3 h 39 mins by CAR

Poland
Warsaw
• 524 km; 6 h 22 mins by CAR
Cracow
• 405 km; 4h 25 mins by CAR

Slovakia
Bratislava
• 284km; 3h 28 mins by CAR
Košice
• 550km; 7h 12 mins by CAR
ACCOMMODATION

STUDENT DORMITORY

Students from University of Hradec Králové are provided with accommodation at the university dormitory Palachova. It is situated in the southern part of the city, from where is a convenient bus connection to the faculties and the city centre.

The dormitory is divided into several entrances marked from A to G. All the entrances have seven floors with three flats on each floor. Each flat has two bedrooms and a shared kitchen and sanitary facilities. The kitchen is equipped with a fridge with freezer, an electric stove with two hotplates, but it does not have any kitchenware provided. Each student is provided with a desk, a bed with a pillow, a duvet and bed linen. Internet is accessible at the whole dormitory (via university wifi or the Ethernet connection).

At the dormitory grounds, there is a playing field. Piano and laundry are situated at the dormitory basement. Laundry is the only paid-for service.

You have to pay the rent for the whole semester in one single instalment; you can pay when you arrive in the dorm by credit card or in cash. The full amount is near 13000 CZK for 5 months.

PRIVATE ACCOMMODATION

A bit more expensive and probably more comfortable way of staying in Hradec Králové is renting a private room or a flat. From our experience, it only pays off if you share a flat with more people and you should take into account that you won’t be in touch with other international students if you live out of the dormitory. Renting a private room will cost you from 5000 – 7000 CZK per month.

You can check the website below where you can find lots of student’s rooms and apartments:

www.real-estates.cz
www.hradec.foreigners.cz
www.forstudents.cz

CONTACT INFORMATION

Dormitory Palachova
(Palachovy koleje)
Jana Palacha 1129
500 12, Hradec Králové
Telephone: +420 493 336 000
E-mail: koleje@uhk.cz
**TEMPORARY ACCOMMODATION**
If you are looking for a place to stay a couple of days or a week, you can book a hotel. You can find some links to temporary accommodation below:

**Hotel Černigov**  
Riegrovo náměstí 1494  
500 02, Hradec Králové  
[www.hoteltcernigovhradeckralove.com](http://www.hoteltcernigovhradeckralove.com)  
info@hoteltcernigovhradeckralove.com

**Hotel Garni**  
Na Kotli 1147  
502 96, Hradec Králové  
recepce@hotelgarni.cz  
Tel.: +420 495 763 600

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**UNIVERSITY LIBRARY**
The Library Information System of the University of Hradec Králové consists of the University of Hradec Králové Library and 4 faculty libraries.

To access the library you will need an active ISIC card.

University library is located in building A also known as the „Building of Common Education“ (Budova společné výuky).

---

**CONTACT INFORMATION**

**Library of University of Hradec Králové**  
(Knihovna univerzity Hradec Králové)  
Hradecká 1227  
500 03, Hradec Králové  
**Telephone:** +420 493 331 333  
**E-mail:** knihovna@uhk.cz  
**Web:** www.arl.uhk.cz
MOVING AROUND HRADEC KRÁLOVÉ AND CZECH REPUBLIC

BY BUS
There are 26 regular bus lines in Hradec Králové and the frequency of their rides changes depending on the hour of the day. The city bus is the only mean of public transportation in Hradec Králové. The easiest way to buy a ticket is to buy it on the bus or in a newsstand. The cost of the ticket bought on the bus is 25 CZK. The most effective way of riding the bus is to buy a CITY CARD.

You can find the connections here:
www.idos.cz

CITY CARD
City card is mainly used for the public transportation in Hradec Králové, but it can also be used in the neighbouring city Pardubice. In public transportation you can always buy ticket directly in the bus, but this card saves you time and money.

The ticket bought through the city card costs less.

There are three possible ways of using the city card.

→ The electronic card is used to deposit a certain amount of money to the card. Every time you pay with the card, the value of the ticket will be withdrawn from your credit.

→ Time fare is a service for a certain price that will allow you to use the public transportation freely for a specific time period.

→ The combination is probably the best way of using the card to its full potential.

More information about the city card can be found at:
www.dpmhk.cz
BY TRAIN
You can go around the Czech Republic and neighbouring countries by train. Usually, you can get a group discount, if more people travel in a group. Check the train connections to Hradec Králové, around the Czech Republic and to neighbour countries here:
www.idos.cz

BY TAXI
Taxis operate 24 hours a day and they are a very popular public transport, especially after a good party. They are not particularly expensive if people share the fares. The usual price is around 100 – 150 CZK for one taxi. Some taxis can be found below:
www.100taxi.cz
www.maxi-taxi.sluzby.cz

BY BIKE
A very convenient way of travelling in Hradec Králové is riding a bike. As there are really few hills in the city and a quite good infrastructure for cyclists, you do not have to be afraid to use your bicycle.
It is, however, more convenient during spring and summer. It is advised to get some second-hand bike and a good wheel lock.

CARPOOLING
Lately, carpooling became quite popular among students. It is the sharing of car journeys in such a way that more than one person travels in a car. It is a good way to save some money, contribute to the environment and meet new people. Check for carpooling offers in the Czech Republic and some neighbouring countries at:
www.blablacar.com
www.carpooling.com
FREE TIME

TOURIST INFORMATION OFFICE
Studying in a foreign country means that you will be a tourist sometimes. For tourist information and promotional material about the Czech Republic you can visit the Tourist Information Centre.

WALK AROUND THE „SALON OF THE REPUBLIC“

→ CATHEDRAL OF HOLY SPIRIT
→ WHITE TOWER
→ FORMER BREWERY
→ ŽIŽKA´S GARDEN
→ MUSEUM OF EASTERN BOHEMIA
→ MASARYK´S SQUARE
→ ULRICH´S SQUARE
→ JIRÁSEK´S GARDEN
→ REMNANTS OF THE FORTIFICATION SYSTEM

TOURIST INFORMATION CENTER
Eliščino nábřeží 626
500 03, Hradec Králové
Telephone: +420 495 453 270
E-mail: info@hkinfo.cz
Web: www.hkinfo.cz
FOOD AND DRINKS

DRINKS
- CAFÉ NA KOLE (best coffee)
- CROSS CAFÉ (coffee and desserts)
- DOBRA ČAJOVNA (best tea room)
- LOCALIS (great coffee & restaurant)
- PIVOVARSKÁ BRÁNA (several kinds of beer)
- BAR NO. 1 (more than 100 kinds of rum)

FOOD
- HRADECKÁ BAŠTA (healthy food)
- SANTA MARIA (best Italian food)
- MEXITA (Mexican and Italian food)
- THE ROYAL MAHARAJA (Indian food)
- IL TORO (pizzeria)
- U DVORA (Czech food)
- CHOOSY (best burgers and sandwiches)

LATE NIGHT SNACKS
- DÖNER KEBAB (kebab, st. V kopečku)
- KFC
- McDONALD’S
- MAXIM (burgers)

SHOPPING CENTERS
- ORLICE PARK (www.orlicepark.cz)
- OC FUTURUM (www.futurumhradec.cz)
- OC ATRIUM (www.ocatrium.cz)
- AUPARK (www.auparkhradec.cz)

LEISURE AND SPORT

CITY PARKS (jogging, walking, etc.)
- HRADEČNICE (skating, cycling)
- AQUA CENTER (spa, swimming)
  Address: Eliščino nábřeží 842
- SQUASH CENTRUM (squash, fitness)
  Address: Hradecká 1770
- SILVER POND (camping, paintball)
  Address: Malšova Lhota
  Web: www.stribry-rybnik.cz
- ADRENA LIN PARK
  Address: Malšova Lhota
  Web: www.lanovypark.cz

CULTURE

MUSEUMS
- MUSEUM OF EASTERN BOHEMIA
  Address: Eliščino nábřeží 465
  Website: www.muzeumhk.cz
- PANENKÁRIUM
  Address: Úzká 210
  Website: www.panenkarium.cz
- GALLERY OF MODERN ART
  Address: Velké náměstí 139/140
  Website: www.galeriehk.cz
Theatre

**Klicpera’s theatre**
Address: Dlouhá 99
Website: [www.klicperovodivadlo.cz](http://www.klicperovodivadlo.cz)

**Theatre Drak**
Address: Hradební 632
Website: [www.draktheatre.cz](http://www.draktheatre.cz)

Cinema

**Bio Centrál**
Address: Vodičkova 791/41
Website: [www.biocentral.cz](http://www.biocentral.cz)

**Cinestar**
Address: Brněnská 23A
Website: [www.cinestar.cz](http://www.cinestar.cz)

**Summer Cinema „Širák“**
Address: Orlické nábřeží
Website: [www.letnikinosirak.cz](http://www.letnikinosirak.cz)

Festivals

**Majáles** (music festival full of Czech and Slovakian bands held in April)
Website: [www.hradec.majales.cz](http://www.hradec.majales.cz)

Theatre European regions (outdoor theater festival held in June)

**Rock for People** (biggest music festival in Hradec Králové held in July)
Website: [www.rockforpeople.com](http://www.rockforpeople.com)

**Hip Hop Kemp** (for the fans of hip hop there is this festival held in August)
Website: [www.hiphopkemp.cz](http://www.hiphopkemp.cz)

**Celebrations for the Queen Eliška**
(traditional historic celebrations held in September)
Website: [www.slavnostikralovnyelisky.cz](http://www.slavnostikralovnyelisky.cz)

**Vine Festival** (degustation of wine held in September)

Nightlife

**NOX** (student & Erasmus club)
Address: Ignáta Hermanna 227/2
Website: [www.noxclub.cz](http://www.noxclub.cz)

**Level** (music club)
Address: Úzká 138
Website: [www.levelmusicclub.cz](http://www.levelmusicclub.cz)

**Sunpark** (music club with pool)
Address: Letiště 38
Website: [www.sunparkhk.cz](http://www.sunparkhk.cz)

**Maty’s Bar** (student’s bar)
Address: tř. E. Beneše 598/84

**AC Club**
Address: Heyrovského
Website: [www.acklubhk.cz](http://www.acklubhk.cz)

**Country Club Lucie**
Address: Nár. mučedníků 209
Website: [www.cclucie.cz](http://www.cclucie.cz)

**NOTE!**
Many cultural and other institutions in Hradec Králové offer special season tickets for students at reduced prices. Just ask them at the entrance. Mostly you will need your ISIC card.
ESN BUDDY SYSTEM HK

Erasmus Student Network, shortly ESN, is one of the biggest non-profit interdisciplinary student organizations in Europe, which was founded in 1989. Its aim is to support and develop student exchange and provide an inter-cultural experience. On the other side, it also offers so-called “internationalization at home” to those students who cannot access a period abroad. We work by the principle “students helping students”. ESN is present in 40 countries and has 529 sections all over Europe. There are around 13.500 volunteers who annually help and offer services to 160.000 exchange students. You can find out more about ESN at:

www.esn.org

ESN Buddy System HK was established in 2003 by a group of few people with a vision of helping exchange students. In 2008 it became part of ESN network and joined this big organization. The mission of ESN Buddy System HK is to help with the integration of Erasmus and other foreign students into the local environment.

We have more than 20 active members in Hradec Králové, more than 20 buddies and we help around 100 exchange students per semester.

All our members and buddies are volunteers, who don’t get any salaries or pay for their efforts!

ESN Buddy System HK is also a part of ESN Czech Republic along with another 17 sections.
Being a stranger in a foreign country, lost and not knowing anyone is not the best feeling in the world. That’s why we have our buddies.

Who is a buddy?
He/she is a Czech volunteer student, who "adopts" an exchange student, makes sure he/she feels like at home and helps him/her through the first steps of living in Hradec Králové.

The goal of the Buddy System is to help Erasmus students to establish a social and academic network in Hradec Králové. The Buddy Programme is designed especially to introduce Erasmus students to the city, places to go out and to integrate them in our way of life. Before your arrival, your buddy will answer your questions that concern your well-being in the city and how to come here. When you arrive, he/she will help you with formalities like residence permit, help you open a bank account etc.
ESN BUDDY SYSTEM HK EVENTS

ESN Buddy System Hradec Králové organizes various events and activities for foreign and Czech students.

SEMESTER EVENTS

→ WELCOME WEEKS – official kick-off to an unforgettable Erasmus Exchange at the University of Hradec Králové.
→ TRIPS – go for a trip around the Czech Republic, Austria, Poland and other places.
→ SURVIVAL WEEKEND – will you be able to survive a weekend in „wilderness“?
→ RESPONSIBLE PARTY – party hard, but party responsibly as well.

WEEKLY EVENTS

→ ERASMUS WEDNESDAY THEME PARTIES – have a break between your study & go for a theme party.
→ LANGUAGE EVENINGS – learn a few words in every language and teach your own language at the same time.
→ COUNTRY PRESENTATIONS – tell us something about your country.

ALL YEAR EVENTS

ESNCARD

ESNcard offers international student’s discounts for a taxi, rent a car, various sporting activities, bars, restaurants and free/cheaper entries to events organized by ESN Buddy System HK. You can get it at the Buddy office and it’s valid all over Europe. Check the list of discounts on the ESN Buddy System Hradec Králové page and the ESNCard page for other countries:

www.esncard.org

SOCIALERASMUS

Erasmus is an opportunity to get to know new cultures and education systems which could be an inspiration for life. The aim of the SocialErasmus project is to allow international students to benefit the most from the local community and conversely enrich the locals through the international background of the students. It also promotes a social attitude amongst international students all over Europe. International students are invited to volunteer in the framework of the SocialErasmus project in three main areas: education, charity and the environment.

ESN Buddy System Hradec Králové organizes, for example, Walking dogs, where students go to an animal shelter and take pets (dogs) for a walk.
CONTACT INFORMATION

ESN Buddy System HK
Hradecká 1249
500 03, Hradec Králové
Telephone: +420 493 332 216
E-mail: info@buddyhk.cz
Web: www.buddyhk.cz
We organize Erasmus in Schools.
An event where Erasmus students go to primary and secondary schools and actively participate in the classes of geography, sociology or language to present a certain topic to the pupils. We organize some charity events as well. For example, the entrance fee of Karaoke night is always donated for a good cause (for families in critical life situations, a healthcare institution, etc...). Join us in our SocialErasmus activities.

SECTIONBOX
Sectionbox is a web application originally developed by the members of ISC VUT Brno. Thanks to their work it is spread in nonprofit organizations similar to ESN in four countries and helps them to perform their volunteer work.

The main idea is registering international students in one place and keeping their information for later communication. How does it work? The process is very easy.

→ Registration to Sectionbox
→ Getting an e-mail with your personal code
→ Assigning a buddy

You need to use Sectionbox to register for our events and trips during the semester.

PICK UP AND BUDDY
After registering to the Sectionbox system you will be contacted by your assigned buddy. First, you need to agree on the arrival information and where the buddy should pick you up (if you requested it). Generally, buddies are there for you when their help is needed. As stated before, the relationship should be friendly and buddies are not paid for their help, so you should treat them with respect. If your buddy is not available you can always contact us at:

info@buddyhk.cz

SURVIVAL WEEKEND
Traditional event organized by ESN Buddy System Hradec Králové for international students from all around the Czech Republic every semester.

ESN Buddy System HK is the only Section in the Czech Republic that organizes such an event.

Usually, 70 – 100 participants are transported out of the city to survive in "the wilderness". This weekend has always a topic which can be found on our website beforehand.

Join us for the unforgettable Survival Weekend!

NOTE!
You should get the link for registration to Sectionbox in the first e-mail from our Erasmus coordinators. If not, look at our websites:

www.buddyhk.cz
Useful Information

**General**
- The phone code for the Czech Republic: +420
- Time zone: CET (UTC + 1)
- Electric current: 220 V, 50 Hz
- Units of measurement: metres, kilometers, grams, kilograms
- Temperatures: degrees of Celsius

**In the Czech Republic You Will Get A Fine If You:**
- drink on the street,
- pee on the street,
- make too much noise in the night time (10 pm to 6 am),
- take drugs,
- smoke on the bus/train/tram stop,
- smoke in indoor places if not in the dedicated places (even discos/pubs).

**Traffic Info**
**Speed limits:**
- Inside settlements: 50 km/h
- Outside settlements: 90 km/h
- On motorways: 110 km/h
- On highways: 130 km/h

Lights are compulsory 24 hours per day! Winter tires are compulsory from November 1 until March 31. It is also obligatory to fasten all seat-belts in car, for all passengers.

**Useful phone numbers:**
- Police: 158
- Emergency medical service: 155
- Fire brigade: 150
- Common european emergency: 112
MEDICAL FACILITIES

Students from the EU countries need a Health Insurance Card and two photocopies of the document. Students from countries outside the EU must bring a document confirming that they have insurance in their home country, along with their passports. International students can arrange their insurance in the Czech Republic as well, which cost approximately 1000 CZK (per month) otherwise they pay for necessary medical treatment.

However, we strongly advise obtaining an insurance with insurance company in your home country, which offers arrangements for time spent abroad. Later you may ask for reimbursement of medical expenses in your home country – please check the details at your insurance company.

HOSPITAL
Fakultní nemocnice Hradec Králové (Hospital of Hradec Králové)
Sokolská 581
Phone: +420 495 831 111

FIRST AID UNIT
Pohotovost (Urgent medical care)
Sokolská 581
Phone: +420 495 831 111

CHEMISTS/PHARMACIES
Chemists/Pharmacies are usually open from 7 a.m. until 7 p.m. The night pharmacy is also available.

NEMOCNIČNÍ LÉKÁRNA
Pharmacy in the hospital
Sokolská 581
The University has a Counselling Centre consisting of the Psychological and therapeutic support, Social Counselling, Career Centre and Augustin Centre for students with special needs. Professionals in the Centre provide students with information, legal consulting, help when solving difficult situations (both study and relationship problems), etc. Website of our Counselling Centre:


National holidays 2018/2019
* July 5 – St Cyril and Methodius Day
* July 6 – Jan Hus Day
* September 28 – St Wenceslas Day
* October 28 – Foundation of the Independent Czechoslovak state
* November 17 – Struggle for Freedom and Democracy Day
* December 24 – Christmas Eve
* December 25 – First Christmas Holiday
* December 26 – Second Christmas Holiday
* January 1 – Restoration Day of the Independent Czech state/New Year
* April 19 – Good Friday
* April 22 – Easter Monday
* May 1 – Labour Day
* May 8 – Liberation Day

Costs of Living in Hradec Králové

**Markets**
- Bread (1 kg) 20 – 25 CZK
- Milk (1 l) 20 – 25 CZK
- Cheese (100 g) 20 – 30 CZK
- Eggs (12) 30 – 40 CZK
- Butter (250 g) 35 – 45 CZK
- Yoghurt (0,2 l) 8 – 15 CZK
- Apples (1 kg) 30 – 40 CZK
- Juice (1 l) 30 – 40 CZK
- Water (1,5 l) 4 – 10 CZK
- Pack of cigarettes (Marlboro) 95 CZK

**Restaurants**
- Pizza 100 – 150 CZK
- Hamburger 80 – 170 CZK
- Coke (0,33 l) 25 – 35 CZK
- Beer 20 – 40 CZK
- Coffee 20 – 40 CZK

**Transportation**
- One-way ticket 18 CZK
- Taxi start 150 CZK
- Taxi 1 km 14 CZK
- Gasoline (1 l) 26 – 30 CZK

**Utilities (monthly)**
- Basic (Electricity, Heating, Water, Garbage) for 85 m² 3500 CZK

Rent per month
- 1 bedroom (Centre) 5000 CZK
- 1 bedroom (Outside of the centre) 3500 CZK
Czech quickie

Good morning  Dobré ráno
Good afternoon  Dobré odpoledne
Good evening  Dobrý večer
Hello!  Ahoj!
Goodbye  Nashledanou
See you  Uvidíme se
Thank you  Děkuji
Please  Prosím
Excuse me  Promiňte
How are you?  Jak se máš?
I am fine  Máš se dobře
I am not well  Necítím se dobře
Yes  Ano
No  Ne
Maybe  Možná
I don’t understand  Nerozumím
I don’t know  Nevím
Shop  Obchod
Train station  Železniční stanice
Train  Vlak
Bus station  Autobusová zastávka
Bus  Autobus
Post office  Pošta
Cheers!  Na zdraví!
Beer  Pivo
Milk  Mléko
Coffee  Káva
Water  Voda
Toilet  WC

How much does it cost?  Kolik to stojí?
What is your name?  Jak se jmenuješ?
I don’t speak Czech.  Nemluvím česky.
Do you speak English?  Mluvíš anglicky?

Č is pronounced ch
Š is pronounced sh
Ž is pronounced like the soft g in garage
J is pronounced like y in yellow

Pre-departure checklist!!!

✓ Have you received a letter of acceptance from us?
✓ Have you informed us about the date of your arrival?
✓ Have you applied for a residence permit in case you are from a non-EU country?
✓ Is your passport or ID-card valid until your return home?
✓ Have you arranged insurance in your home country?
Survival guide for international students | UNIVERSITY OF HRADEC RÁLOVÉ