

UHK

GUIDE

2023



University of
Hradec Králové

Content


Greetings	4
Welcome to the Czech Republic	6
A taste of the Czech language	8
Traditions	10
Weather	11
Prices	11
Welcome to Hradec Králové	12
Cultural & sporting events in HK	14
Transportation in Hradec Králové	16
Important phone numbers	19
Welcome to UHK	21
UHK buildings	22
Faculty of Education	24
Faculty of Informatics and Management	26
Philosophical Faculty	28
Faculty of Science	30
University merchandise	32
Handy information & basic vocabulary	34
Sustainable UHK	36
Sorting recycled waste	37

STAG	38
UHK Student Card	38
UHK Service Center	39
Logging into the university network and wi-fi connection	40
Photocopying and printing	44
Microsoft Office 365	45
University – IS STAG	45
Accommodation in HK	46
Where to eat	49
University library	50
Wardrobes and closets for winter clothes	51
Medical care	52
Don't forget!	53
UHK Point	54
Safe UHK	55
Cultural events at UHK	56
Events to look forward to in the academic year 2023/2024	58
Student organisations	60
Stay on top of university news	61
Erasmus Student Network	62
A word from other international students	64
University on social media	66

Greetings

It might not yet seem the case, but studying in a foreign country is a big deal. It will change your life. You will gain important skills, new knowledge, contacts and many friends. We won't lie, it can be hard, especially at the beginning. But this little book is here to help you get through it. Welcome to the UHK Guide.

Look for useful tips in bubbles!

Wherever you see this symbol  , it means that there is way more information about a certain topic. You just need to put the text next to the symbol in the search bar at our websites.

Enjoy your studies at the University of Hradec Králové!




uhk.cz/en

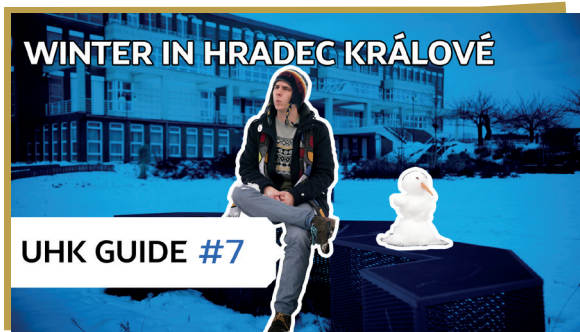


Matyáš Strnad

Publicity and Communication Department

Just a quick heads up. Since you're studying at UHK you have probably already heard about the video-series called **UHK Guide**. Make sure to check out our YouTube channel.

 [University of Hradec Králové](#)



Welcome to the Czech Republic

General information

The Czech Republic (Czechia) is a landlocked country located in Central Europe bordered by Germany, Poland, Slovakia and Austria. The country is divided into thirteen regions, plus the capital city and region of Prague.

Useful facts

The Czech economy is based on industry and manufacturing, especially the automotive sector. Car production alone makes up almost 20% of all exports and hundreds of thousands of people across the country work in the industry.

The official language is Czech. It is a Slavic language that is mutually intelligible with Slovak, and roughly intelligible with Polish.

While approximately 86% of our neighbours believe in God, only 22% Czechs say the same thing. Czechs support legal abortions (79%) and same-sex marriage (58%).



Population

10,850,620



Area

78,866 km²



Currency

Czech koruna (CZK)



Capital

Prague



Government

Unitary parliamentary
constitutional republic



Language

Czech



48% Non-religious

30% Undeclared

10% Believers without religion

9% Catholic

2% Other Christians

1% Other religions



Paint the countries you visited during your study stay!

A taste of the Czech language

Hello	Ahoj [uh-hoy] (<i>informal</i>) Dobrý den [dob-ree den] (<i>formal</i>)
Goodbye	Na shledanou [nah skhledah-no]
Good night	Dobrou noc [dob-row nots]
Please	Prosím [pro-seem]
Thank you	Děkuji [dyeh-ku-yi]
You're welcome	Není zač [neh-nee zach]
Sorry	Promiň [pro-min] (<i>informal</i>) Promiňte [pro-min-teh] (<i>formal</i>)
How are you?	Jak se máš? [yahk seh mahsh] (<i>informal</i>) Jak se máte? [yahk seh mah-teh] (<i>formal</i>)
My name is...	Jmenuji se... [yme-nu-yi seh...]
Nice to meet you	Jsem rád, že vás poznávám [ysem rahd, zhe vahs poznah-vahm] (<i>masculine speaker</i>) Jsem ráda, že vás poznávám [ysem rah-duh, zhe vahs poz-nah-vahm] (<i>feminine speaker</i>)
I don't know	Nevím [neh-veem]
I don't speak Czech	Nemluvím česky [nehmlloo-veem ches-ky]

Do you speak English?

Mluvíte anglicky?

[mloovee-teh ang-lits-ky]

What's the time?

Kolik je hodin? [ko-lik ye ho-din]

How much does it cost?

Kolik to stojí? [ko-lik toe sto-ye]

General information

Warning

Upozornění/Varování

Exit

Nouzový východ

Caution

Pozor

No entry

Zákaz vstupu

Break

Přestávka/Pauza

Open

Otevřeno

Closed

Zavřeno

Nurse

Sestra

Doctor

Doktor

Don't knock

Neklepejte

Wait for the nurse

Vyčkejte příchodu sestry

Traditions

Easter

In the Czech Republic, the tradition is that men chase women around the village and spank them softly with a whip woven from branches. Don't worry, they do it to guarantee the women another healthy year and to preserve their youth and beauty.



Harvest

Or "*Dožínky*" in Czech is a celebration of successful harvest, usually accompanied by feasts and farmer fairs.

Christmas

According to one Czech custom, one is supposed to fast all day to see the "*golden piglet*" in the evening.



Weather



Watch **UHK Guide #7**
for more info!



The climate of the Czech Republic varies from season to season.

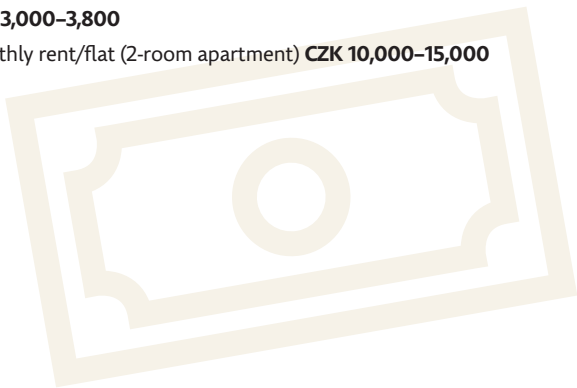
During summer, temperatures can rise up to 35 °C. Winters (December–March) can be either mild or harsh with temperatures below 0 °C. Do not forget to bring a warm coat!

Prices



Bring cash! CZK 8,000 should cover the deposit at the Halls of Residence, transportation from Prague airport and some minor expenses.

- Two-course lunch at a restaurant (one person) **CZK 200–250**
- Dinner with drinks (one person) **CZK 250–350**
- Beer or soft drink **CZK 60**
- Monthly rent/person (an apartment in Halls of Residence) **CZK 3,000–3,800**
- Monthly rent/flat (2-room apartment) **CZK 10,000–15,000**



Welcome to Hradec Králové

Hradec Králové lies at the confluence of the Elbe River and the Orlice River. It is about an hour's drive from Prague. With a population of just under a 100,000, the capital of the Hradec Králové region is also known as a university town.



[Check out Survival map!](#)





Cultural & sporting events in HK

August 2023

- Hradecký Letorost Folk Music Festival

September 2023

- HK Food Truck Fest
- Bigyfest
- Chilli Festival Mechov

October 2023

- OlfinCar Half Marathon
- International Archeology Day
- Jazz Goes to Town
- Theatres Night



December 2023

- Advent Markets

January 2024

- Hradec Králové Winter run

February 2024

- Sheep Ples (dance ball)



March 2024

- Gladiator Race

April 2024

- Earth Day Hradec Králové
- Night Run
- Museums Night
- Majáles (music festival)

May 2024

- Riverside of Craftsman
(old crafts fair)
- International Museums Day
- Cirk-Uff Trutnov (circus festival)

June 2024

- Hradec Králové Open Air
programme (theatre festival)
- Riverside of Artists (arts fair)
- Rock for People (music festival)
- Churches Night

July 2024

- Decathlon Hradec Sports Days



You can find more events at Tourist information center.



Transportation in Hradec Králové

Hradec Králové has an extensive cycling network and the best way to get around the city is on **bikes** and **scooters**. The cycling network is about **80 km long**. If you don't want to buy a bike, you can use the **Nextbike** service.

All trolley and electric bus timetables are available at the **Public Transport Company of Hradec Králové** [website](#). Alternatively, you can also use the **IDOS** **mobile app**.



Our Philosophical Faculty prepared a thorough guide for transportation around Hradec. [Check it out.](#)



Main Railway Station and Public Transport Terminal

The Czech Republic has a pretty neat railway net. You probably arrived to the **Main Railway Station in Hradec**, hop on a train and discover more beautiful cities. Connections information and tickets available in **Můj vlak** **app**.





Public Transport Terminal is a HUB for buses. There are various transport companies but all information is gathered there.

Just remember that bus lines 24 and 4 will get you to *Palachova* bus stop (the dorms) and line 2 to *Na Brně* bus stop (also close to the dorms).



The most common one-way ticket for public transportation can be bought at any newspaper stand.

City card

Get your City Card from the Tourist information center (Eliščino nábřeží 626), the Public Transport Terminal (Nádražní street) or the Public Transport Company (Pouchovská 153).



During 2023, the Hradec Králové City Transport introduces contactless bank card payment in all buses and trolleys.

nextbike

Nextbike is a bicycle-sharing service and an official partner of UHK. There are four stations in close vicinity to UHK. Between buildings C and B, in front of building E, in front of building S and right next to the Palachovy dorms.

A complete map of all the stations can be found at:



nextbikeczech.com



If you sign up for a Nextbike account with your university e-mail address, you will get CZK 160 as credit!

Important phone numbers

- | | |
|------------------------------------|------------|
| • Emergency Centre | 112 |
| • Municipal Police | 156 |
| • State Police | 158 |
| • Emergency Medical Service | 155 |
| • Fire and Rescue Service | 150 |
-
- | | |
|-------------------------------------|------------------|
| • Immigration Office | +420 974 801 801 |
| • Halls of Residence (dorms) | +420 493 336 103 |
| • Tourist information center | +420 727 827 947 |
-
- | | |
|------------------------------|------------------|
| • Metro TAXI | +420 720 444 000 |
| • TAXI Sprint | +420 777 337 711 |
| • Taxi Hradec Králové | +420 731 870 807 |





Welcome to UHK

The University of Hradec Králové is a young but well-rooted institution. It's history dates back to **1959**. The University comprises of four faculties:

- **Faculty of Education**
- **Faculty of Informatics and Management**
- **Philosophical Faculty**
- **Faculty of Science**

About **6,000** Czech and **650** international students are enrolled in more than **200** programmes. We offer undergraduate, graduate and postgraduate education. The **Na Soutoku Campus** is our home.

Good luck in your studies and I wish you many unforgettable experiences.

prof. Ing. Kamil Kuča, Ph.D.

Rector

UHK buildings



Faculty of Informatics and Management

Hradecká 1249/6

Common Education Facility

Hradecká 1227/4

Faculty of Science

Hradecká 1285



Faculty of Education

Víta Nejedlého 573



Philosophical Faculty

náměstí Svobody 331



Rectorate

Rokitanského 62



Palachovy koleje

University Halls of Residence

Palachova 1129/17



35

35

Šimkovy sady

Adalbertinum
bus stop

35

Tesla
bus stop

11

B

R

F

E

P

Zimní stadion
bus stop

Koupaliště
Flošna
bus stop

J

S

Na Soutoku
campus

H

ZÁMOSTÍ MA

A

Heyrovského
bus stop

31

31

Fakultní
nemocnice
bus stop

Palachovy
koleje

Na Brně
bus stop

K

Palachova
bus stop

Palachova

35

TŘEBEŠ



Dean's Office

Building E, Víta Nejedlého 573, Hradec Králové

International Office

Building E

Ms Petra Nosková

Phone: +420 493 331 141, **E-mail:** petra.noskova@uhk.cz

Where do lessons take place?

- **Building A:** Departments of Czech, English, French, German and Russian Language and Literature, Department of Cultural and Religious Studies, Department of Pedagogy and Psychology, Institute of Primary, Pre-primary and Special Education, Institute of Social Studies.
Bus stops: Heyrovského, Zimní stadion, Fakultní nemocnice
- **Building E:** Dean's Office, International Office, Study Department, etc.
Bus stops: Tesla
- **Building F:** Music Department
Bus stops: Adalbertinum, Zimní stadion
- **Building H:** Department of Physical Education and Sports
Bus stops: Hotel Garni, Koupaliště Flošna
- **Building P:** Department of Art, Visual Culture and Textile Studies
Bus stops: Adalbertinum, Zimní stadion
- **Building S:** Department of Technical Education
Bus stops: Heyrovského, Zimní stadion, Fakultní nemocnice

Web and social networks



Faculty of Education, University of Hradec Králové



[pdf_uhk.cz](https://www.instagram.com/pdf_uhk)



[pdf_uhk](https://twitter.com/pdf_uhk)



uhk.cz/en/pdf



prof. PhDr. MgA. František Vaníček, Ph.D.
Dean of the Faculty of Education

Faculty of Informatics and Management



Dean's Office

Building J, Hradecká 1249/6, Hradec Králové

International Office

Building J

Ms Eva Pospíchalová

Phone: +420 493 332 210


E-mail: eva.pospichalova.2@uhk.cz

Where do lessons take place?

Teaching at the Faculty of Informatics and Management primarily takes place in **Building J** and in the Common Education Facility (**Building A**) on the Na Soutoku campus.

Bus stops: Heyrovského, Zimní stadion, Fakultní nemocnice

Web and social networks

 [Faculty of Informatics and Management,
University of Hradec Kralove](#)

 [fim.uhk.cz](#)

 [fimuhk](#)

 [uhk.cz/en/fim](#)





prof. RNDr. Josef Hynek, MBA, Ph.D.
Dean of the Faculty of Informatics and Management



Dean's Office

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International Office

Building B

E-mail: ff.internationaloffice@uhk.cz

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- **Mr Tomáš Herčík**

Phone: +420 493 332 908, **E-mail:** tomas.hercik@uhk.cz

- **Mr Josef Ležák**

Phone: +420 493 332 004, **E-mail:** josef.lezak@uhk.cz

Where do lessons take place?

Teaching at the Philosophical Faculty takes place in **Building B**.

Bus stops: Adalbertinum, Lipky

Web and social networks



[Philosophical Faculty of the University of Hradec Králové](#)



[ff.uhk](#)



[ff_uhk_eng](#)



[uhk.cz/en/ff](#)



Mgr. Jan Prouza, Ph.D.
Dean of the Philosophical Faculty

Faculty of Science



Dean's Office

Building S, Hradecká 1285, Hradec Králové

International Office

Building S

Ms Pavla Holubová

Phone: +420 493 332 817

E-mail: pavla.holubova@uhk.cz


Where do lessons take place?

Teaching at the Faculty of Science primarily takes place in **Building S** on the Na Soutoku campus.

Bus stops: Heyrovského, Zimní stadion, Fakultní nemocnice

Web and social networks

 [Faculty of Science, University of Hradec Kralove](#)

 [prf_uhk](#)

 uhk.cz/en/prf





doc. RNDr. Jan Kříž, Ph.D.
Dean of the Faculty of Science



University merchandise

 Univerzita
Hradec Králové





Become a part of the UHK family. This is our university merchandise. Where can you get it? Visit the University Library to purchase a hoodie, backpack or hat.



University Library merchandise shop

Mo–Fr 9:00 AM – 2:00 PM

Ms Renáta Dvořáková

Phone: +420 493 331 313

E-mail: renata.dvorakova@uhk.cz



Handy information & basic vocabulary

Academic year

At UHK, the academic year has two semesters – the winter semester (September–February) and the summer semester (February–June). Lessons cover a **13-week period**.

Courses

Czech students take obligatory, semi-obligatory and voluntary courses. Your study plan is different and tailor-made just for you. Please remember to submit your preferences to the International Office in time!



[Course Catalogue 2023/2024](#)



Lectures

With some courses, a guarantor (associate professor or professor) may give non-obligatory lectures. You need to attend these lectures if you want to pass the course.

Seminars

Apart from lectures, you may also need to attend seminars. These are more practical and are designed to further the knowledge you gain at lectures. They are also **obligatory**, so make sure you show up!

Credits

UHK uses the European Credit Transfer and Accumulation System (ECTS). You gain credits for successfully passing a course.

Pre-exams

You must meet certain criteria to be allowed to sit the final course test. You may be required to write an essay or give a presentation, for example.

Exams

Exams can be written, oral or practical. Depending on how you do in your exam, you'll get a/n A, B, C, D, E or F. If you get an **F**, you fail the course. Please keep in mind that you can try no more than **3 times** to pass an exam.

Academic Year

Winter semester

- **Start of studies** 18. 9. 2023
- **End of studies** 17. 12. 2023
- **Christmas holidays** 18. 12. 2023 – 1. 1. 2024
- **Examination period** 2. 1. 2024 – 25. 1. 2024

Summer semester

- **Start of studies** 5. 2. 2024
- **End of studies** 5. 5. 2024
- **Examination period** 6. 5. 2024 – 30. 6. 2024

Note: May vary across faculties!

Sustainable UHK

Behave responsibly!

The university does what it can to help the environment. Join us in maintaining the conditions to preserve our planet Earth.



The tap water in the Czech Republic is drinkable!

Save energy!

If everyone at the dorms makes 2 cups of tea with one liter of hot water per day, we will needlessly pay 300,000 CZK for electricity consumption per year. Heat only the water you need, switch off unnecessary lights, turn off electronic devices that are not in use.

Save water!

When using the toilet, consider if it is possible to use a smaller flush button. Take brisk showers and do not leave the tap open unnecessarily.



Building in UHK campus have Filtermacs, machines that save unnecessary plastic bottles. Simply download the app "Lokni".



Sort waste!

The management of sorted waste is five times cheaper than mixed waste. By sorting the waste, you help the environment and also your budget. Rising expenses affect the rent at our dormitories.

Sorting recycled waste

In the Czech Republic 3 out of 4 citizens sort and recycle their waste. You can also help to preserve a healthy environment by learning how to properly sort waste. The rules differ from country to country but also from city to city! Here's how it works in Hradec.



Papír = paper

For clean paper of all sorts.



Plast = plastic

PET bottles, clean plastic packaging and also TetraPak (e.g., milk box).



Sklo = glass

There are two types – clear and the rest (green, brown mostly).



Bio = bio waste

Only organic waste from kitchen.



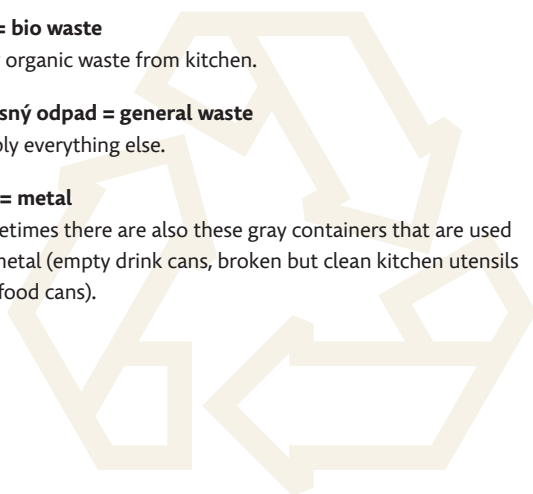
Směsný odpad = general waste

Simply everything else.



Kov = metal

Sometimes there are also these gray containers that are used for metal (empty drink cans, broken but clean kitchen utensils and food cans).



STAG

IS/STAG is an information system designed to electronically manage your STudy AGenda at UHK. It facilitates a wide range of functions from the admissions procedure to the award of a degree. You can use it to **manage your study programmes, courses, study plans and student mobility**, or to **enroll in courses, apply for exams, write assessments**, to record Bachelor's and Master's dissertations, **set timetables**, and do much more.

Logging into STAG

*Switch to English
in the right corner*

The system is available at stag.uhk.cz – sign in with your login details. Your username is the first 5 letters of your surname and 2 letters from your given name + 1 digit (e.g. surnana1).

Please go to our IT user guides for troubleshooting tips.



IT user guides

UHK Student Card

One of the things that you definitely cannot live without at UHK is your **UHK Student Card**. It comes in the form of an ID chip card. Let's call it an ID Card.

Your ID Card gives you access to a wide range of services. Use it to print and copy documents, borrow books, establish your identity, and access UHK buildings and lockers.

Get your ID Card at the **UHK Service Center** in the Common Education Facility (Building A).

For more detailed information please go to our website.



ID Cards

Why ISIC?

The International Student Identity Card is simply your ticket to the international students' world. With ISIC, you get discounts on books, food, festivals, services, clothes, games, electronics and much more.

Learn more at isic.org.



UHK Service Center

Your first steps at UHK will probably take you to the **UHK Service Center** in the Common Education Facility (Building A).

UHK has several service centers and they are there to help you with anything and everything that might bother you, like copying, printing, logging into the system, recovering forgotten passwords, topping your ID Card with credit, etc.

Service Centers can be found at Buildings A, B and J.

Head of Service Center: Ms Drahomíra Jenišťová

Phone: +420 493 331 383

E-mail: centrum.sluzeb@uhk.cz, karty@uhk.cz

Web: www.uhk.cz/uhk-service-center



Service Centers are open Monday to Friday and occasionally also on Saturdays.



UHK Service Center

Logging into the university network and wi-fi connection

You'll get your login details at the orientation lecture or sooner.

The Wi-Fi network at UHK is connected to the international **Eduroam** (name of the wi-fi) project, which is covered by the **CESNET Association**.

You need to insert the entire UHK email and password sent to you by the coordinator in the email.



Eduroam

Setting up client devices

Automatic configuration for mobile phones can be carried out using the Eduroam CAT (Configuration Assistant Tool).



cat.eduroam.org

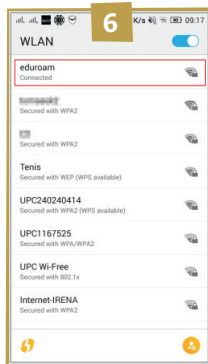
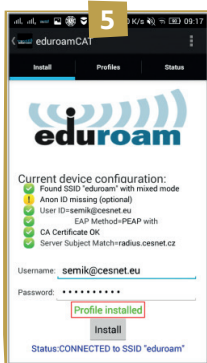
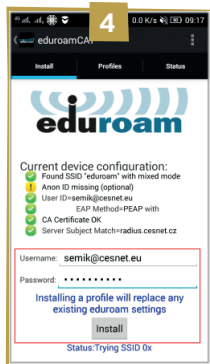
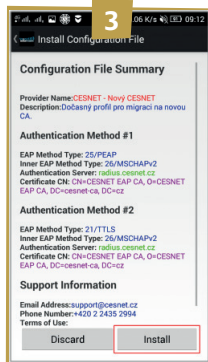
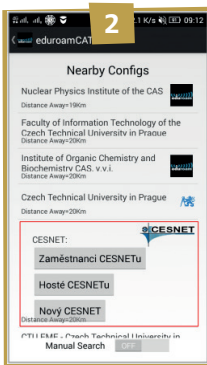
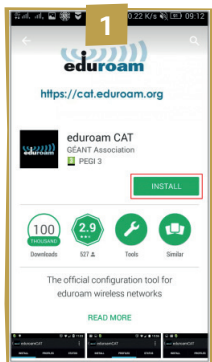


For authentication, enter your username in the form `username@uhk.cz` and valid password to the particular user account (the same as your password to the study system).



Department of Information Technology Services

Step by step – Android

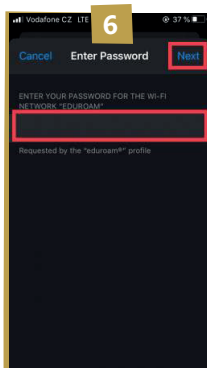
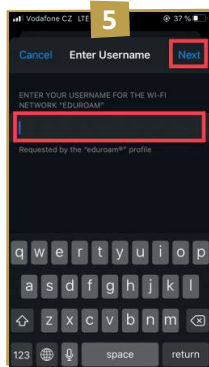
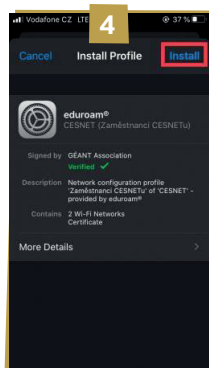
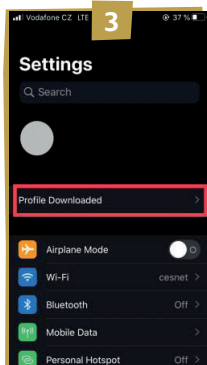
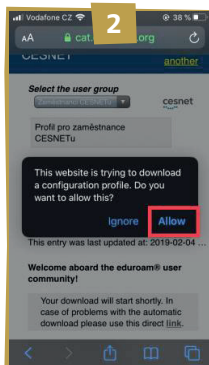


Ready to go!

More detailed information available at eduroam.cz.



Step by step – iOS



Ready to go!

More detailed information available at eduroam.cz.



Connecting at University Halls of Residence

You must have a valid user account in the UHK domain in order to connect. After accepting the rules, you will receive instructions how to set up a network connection in Windows. If you have trouble connecting, please contact the network administrator.



CESNET offers some very neat services free of charge!

cesnet

.....

- **Upload, share** and safely **synchronise up to 100 GB** of data at: owncloud.cesnet.cz
- An online **tool for complicated calculations** is available at: metacentrum.cesnet.cz
- **Online meetings and seminars** in your browser at: meetings.cesnet.cz
- **Fast sharing and short-time data storage** (up to 500 GB) at: filesender.cesnet.cz



Photocopying and printing

There are several self-service **photocopiers** at UHK. You can also scan documents and **send them to your e-mail**. You need a valid **ID Card with enough credit** to use these services.

Printing:

- 1 Open your document in a PC connected to the university network.
- 2 In printing menu, select *SafeQ_Ricoh_PCL6_UNI* on *forkys3.uhk.cz* printer and send the job to the print queue.
- 3 Go to a printer at UHK, sign in with ID Card.
- 4 Select the document from the list and press the icon for printing.
- 5 Log out after printing all your documents!



If you need any help, please contact the Service Center where you can also add credit to your ID Card.

Topping up your ID Card

You can top up credit on your ID card at top-up points. The minimum amount of credit is CZK 20 and the maximum amount is CZK 1,500. Prices for photocopying and printing can be found in the Service Center's current price list.



Any unused balance on your card is non-refundable.



IT user guides

Microsoft Office 365



Microsoft 365

All UHK students have the opportunity to use the MS Office 365 package **free of charge**. It contains:



Outlook – Practical e-mail client



OneDrive – 1,000 GB online file storage provider
– editing documents on-line in Word or Excel



SharePoint – Sharing documents online



MS Teams – Online communication app

University – IS STAG

Everything organized
on dashboard

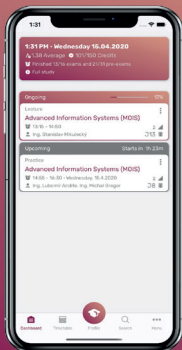
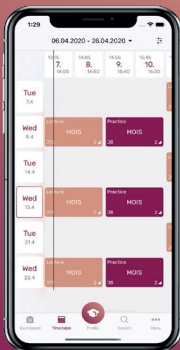


Table version of
timetable



GET IT ON
Google Play



Download on the
App Store



Accommodation in HK

If you want to stay at the dorms, **don't leave things until the last minute and plan ahead. You really need to apply before you get to Hradec!** Vacancies are usually first offered to international students.

University Halls of Residence

The Palachovy Halls of Residence (referred to as “*Palachárny*”) are a huge complex with 7 entrances and can house up to 869 students.

Services (with vocabulary!)

- **washing machines** – pračka [prachka]
- **clothes dryer** – sušička [sushichka]
- **bedding rental** – půjčení ložního prádla [zha-puy-chenee pho-vlech-enee]
- **dishes rental** – půjčení nádobí [zha-puuy-chenee nahdobee]
- **iron rental** – půjčení žehličky [zha-puy-chenee zhe-hlich-ky]
- **gym** – posilovna [phosilovna]
- **piano** – klavír [klaveer]
- **study and social room** – studijní a společenská místnost [stu-diynee a spo-lech-enskha mee-stnost]

Students must follow the **UHK Halls of Residence Rules**.

They are published on the UHK website and hung on the walls of the halls of residence at the reception desk and at every entrance.



Halls of Residence Rules

Before moving in, each student must pay a refundable deposit of CZK 2,000.

Please take special note that the accommodation period ends sooner than the semester (end of the examination period). So, it may happen that you will need to look for alternative accommodation.

Contacts

- **Ms Hana Folkmanová**
E-mail: hana.folkmanova@uhk.cz
- **Ms Eva Valentová**
E-mail: eva.valentova@uhk.cz



Halls of Residence



GYM UHK

If you like to stay in shape, join our new gym at the dorms. It's run by students for students. You need your **Student ID Card** and a reservation to use the facility.

Price: CZK 600/semester (September–January; February–June)

Check out our website or visit our social media to find out more.

 [gym_uhk](#)

 uhk.cz/gymuhk



 [gym](#)



Private accommodation

You might want to arrange your own private accommodation. It pays off to share a flat with more people, so make sure you ask around for some flat mates.



forstudents.cz

Where to eat

Or how to avoid starvation without ruining your wallet.

You can get small snacks and refreshments on campus:

- **Staffim coffee** (Relax Zone, Building J)
- **Kampus Bufet UHK** (Building A)
- **Kafekára** (Ground floor, Building A)
- **Kampus Take a Break** (Building B)

Lunch for students:

- **School lunchroom Hradecká** (opposite the UHK campus)
- **Kampus Bistro** (opposite the UHK campus)
- **Capone Burger** (Brněnská 700/25, near the dorms)



Watch **UHK Guide #10** – Meals & restaurants in Hradec Králové



University library

The UHK Library is located in Building A. Use the **Advanced Rapid Library** catalogue to look up individual titles – arl.uhk.cz.

An indispensable part of the library's offer are e-sources – expert databases and e-books. Browse through the scientific databases with **EBSCO Discovery Service (EDS)**.



EBSCO

If you need a book that the UHK Library does not have, use the **inter-library borrowing service (MVS)**.

Aside from the thousands of publications that you can borrow, there are also books for sale in the University Publishing House, Gaudeamus, **including course materials!**

Phone: +420 493 331 333

E-mail: knihovna@uhk.cz



Humanities students can use the **Lesak library**, which is located in the **Philosophical Faculty (building B)** at **náměstí Svobody 331!**



uhk.cz/library



UHK Library





Wardrobes and closets for winter clothes

It surely is not an issue during the summer, but winters are harsh, and in order to survive you have to wear a jacket or a coat. There are closets and wardrobes where you can store your winter wear for the time necessary **for free**, so you don't have to drag it around your classes. You'll find them at Buildings A, J, S and B.

- **wardrobes** – šatny [shatny]
- **closets** – skříňky [skrzeenky]

Medical care

Feeling under the weather? Fresh air and hot tea are not enough? Get help from a doctor in Hradec Králové. Just remember to bring your **passport**, **health insurance** card and your student ID Card (ISIC) with you.

Ground floor of **Block A2 at the Halls of Residence** located at Na Kotli 1147 (the closest bus stop is Hotel Garni)

MUDr. Petra Hošková

Phone: +420 495 263 067

E-mail: hoskova70@seznam.cz

Opening hours:

- **Mo** 7:00 AM – 1:00 PM
- **Tu** 12:00 PM – 6:00 PM
- **We** 7:00 AM – 1:00 PM
- **Th** 7:00 AM – 1:00 PM
- **Fr** 7:00 AM – 1:00 PM

Some other medical facilities that you can go to are the **University Hospital Hradec Králové** (Sokolská 581) – this is where the Department of Emergency Medicine is (go there only in very serious cases!) and the **Health Centre III** (tř. E. Beneše 1549/34).

The hospital staff speaks English.

Don't forget!

- ☒ Attend the orientation lecture
- ☐ Bring cash! CZK 8,000 should cover first essential expenses
- ☐ Arrange your Learning Agreement
- ☐ Change your password in the university system
- ☐ Get your student identification card
- ☐ Submit your study plan
- ☐ Pay for your accommodation
- ☐ Get a Czech bank account (if you are a non-EU student)
- ☐ Like your faculty and the university social networks
- ☐ Participate in the ESN Welcome week
(party, Welcome presentation, Scavenger Hunt)
- ☐ **Have fun every single day!**

UHK Point

The UHK Point is made up of five interconnecting centres:

- **Contact Point and Information Service**
- **Social Counselling Centre**
- **Psychological and Therapeutic Support**
- **Augustin Support for Students with Specific Needs**
- **Career Centre**

If you need information or advice to help you get through a difficult times, please check out our websites for more information, advice and contact details.

Psychological support contacts



Mgr. Damián Kastner

E-mail: damian.kastner@uhk.cz



Mgr. et Mgr. Štěpánka Kryspínová

E-mail: stepanka.kryspinova@uhk.cz

Career support contact



Ing. Mgr. Ivana Bauerová

E-mail: ivana.bauerova@uhk.cz



uhk.cz/uhk-point



UHK Point



UHK Point

Safe UHK

UHK wants to create a **safe environment** for all people in the community. Therefore, **UHK's safe environment principles** were defined, mainly derived from the **Code of Ethics of the University of Hradec Králové**.

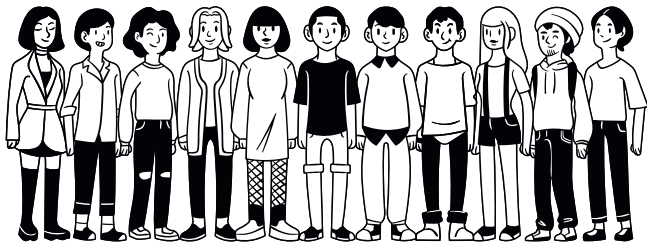
The goal of **Safe UHK** is to help prevent inappropriate behaviour and provide more detailed information on solution options and support persons who encounter inappropriate behavior.

The complaint to investigate a violation of the **Code** can be made by submitting it via e-mail etickakomise@uhk.cz or physically in paper form to the UHK Registrar.

The Ethics Committee handles all complaints regarding violations of the Code. **The Rules of procedure of the Ethics Committee UHK** define further details and requirements for filing a complaint.

UHK condemns all forms of violence and, in the context of sexually motivated violence, recommends using the instructions in the following video.

We want everyone to feel good at UHK, so always treat others with dignity and respect.



Cultural events at UHK

The University of Hradec Králové is not only an educational institution; but it is also a cultural centre.

Gallery T and **Gallery P** cater for painters and designers and their expositions.

If you are into singing, you can join the **UHK Mixed Choir** and if you like playing a musical instrument, be sure to check out our **Chamber Orchestra**.

Mixed Choir contact:

Mgr. Jiří Skopal, Ph.D.

E-mail: jiri.skopal@uhk.cz

Chamber Orchestra contact:

Mgr. Jaromír Křováček

E-mail: jaromir.krovacek@uhk.cz

Both musical bodies perform together at regular *"UHK to Hradec"* concerts at building A. Entrance is free!





Events to look forward to in the academic year 2023/2024



Check out the calendar made for you by ESN HK!



September 2023

- UHK Welcome party (discoteque)
- Seš-lost (students' welcome event)
- Welcome Week with ESN HK
- Sustainable Festival

October 2023

- Researchers' Night
- Erasmus Days
- JobStart – autumn (job fair)
- UHK International Day



November 2023

- November 17 at Václav Havel Square
- UHK Social Evening

December 2023

- UHK to Hradec (concert)
- Volleyball Tournament Rector's Cup
- Christmas Charity with ESN HK and Rotarac Hradec Králové (D2240)



January 2024

- Exam period
- UHK Open Days

February 2024

- Welcome Week with ESN HK
- UHK Ball

March 2024

- EDU Days
- University e-Derby

April 2024

- Academic run
(running competition)
- JobStart – spring (job fair)

May/June 2024

- Exam period
- UHK to Hradec (concert)
- Run against violence



Student organisations

Some UHK students don't just want to go to classes and then straight home. They become members of a number of students organisations and they organise lectures, trips, discussions, film screenings, exhibitions, parties and many other activities. If any of the organisations are of interest to you, you can read more about them on our website!



Student organisations

- [ESN HK](#)
- [First Steps at FIM](#)
- [HSS ČAS](#)
- [Otevřeno Hradec Králové](#)
- [SH1UK](#)
- [Skrz naskrz](#)
- [Student Club Libomudravna](#)
- [Student Club Salaš](#)
- [Student Club ÚSP](#)
- [UHK Academic Film Club](#)
- [UHK Political Science Club](#)
- [UHK Student Archaeology Club](#)
- [UHK Student History Club](#)
- [UHK Student Union](#)



Most students' organizations have some English friendly events, make sure to check out their social media!

Stay on top of university news

Universitas is a new independent online **magazine about science, education, research and higher education**. It is run by 20 Czech universities, including the University of Hradec Králové. Universitas was first published in early 2017. It is a professional magazine directed at Czech and Slovak academic staff.

Readers turn to it for in-depth analysis, interviews with renowned researchers, commentaries and local, national and international news.

Universitas is also a platform where people can discuss hot topics regarding Czech and Slovak higher education, such as reforms of the higher education system, the financing of science, and the ranking of universities.

It emails a newsletter each month to almost 6,000 academic staff and PhD students. Universitas also embraces social media – it posts its articles to Twitter and Facebook.



[Universitas](#)



[universitascz](#)



[universitas.cz](#)



Erasmus Student Network



The Erasmus Student Network is the biggest non-profit volunteer student association in Europe.

The network is constantly developing and expanding and ESN Hradec Králové is a part of it!

Every member of ESN Hradec Králové is devoted to helping and assisting international UHK students. We provide them with information about life in Hradec Králové and at UHK. We help them adjust and try to make their stay at our university as good and bright as possible.





ESN events

Throughout the semester ESN organizes numerous events that students and buddies can attend in. For detailed information, please refer to the ESN event calendar available on the official website esnhk.cz.



In **ARTEMIS** (AbRoad STudEnt Matching System) you can register to receive important information, request buddy, inform us about your planned arrival times, and sign up for events.

Join our system on artemis.esnhk.cz

ESN HK office

Building J – Room 102 (Faculty of Informatics and Management)



[ESN Hradec Králové](https://www.facebook.com/esnhk)



[esn_hk](https://www.instagram.com/esn_hk)



esnhk.cz



A word from other international students

I will forever cherish the time spent at UHK and the memories I've made in the Czech Republic. The most valuable part of my studies is all the different people I've met and had an opportunity to learn from. I loved that the UHK culture focused not only on providing students with relevant knowledge but also on building the university's identity around friendship, humanity, and unity.

Sara Spahić

Bosnia and Herzegovina



Life in Hradec Králové was a pleasure, and I remember that during my doctoral studies, I met great people. I recommend everyone who chooses to have a good education while being happy where the human (student) is put first to select the University of Hradec Králové.



Sebastien Mambou

Cameroon

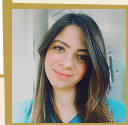
Life is made of narratives and stories, and I am delighted to have the UHK and the experience of living in Hradec Králové with me. Even if I choose not to settle in Hradec Králové, I will carry in my heart all the people I have met, all the pleasant evenings at the pubs with my friends, the long political discussions I had till late hours, and all the time I have spent at the university.



Gabriel Olegário

Brazil


My decision of studying at UHK was one of the turning points in my life, given the numerous experiences, like joining conferences across the world, writing articles, and being a part of university projects. During my studies, I improved my computer and writing skills and English language and brought a lot of useful cognition and culture to my academic life by meeting new scientists.




Ayca Kırımtat

Turkey


University on social media

 [University of Hradec Králové](#)

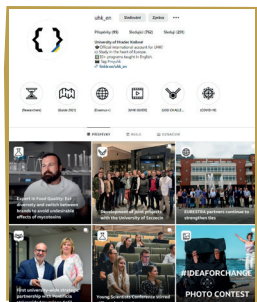
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 [uhk_cz](#)

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 [University of Hradec Králové](#)

 [uhk.cz/en](#)



Stay in touch and follow us on social media!



University of
Hradec Králové

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