



University of
Hradec Králové

UHK GUIDE 2022



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GREETINGS

It might not yet seem the case, but studying in a foreign country is a big deal. It will change your life. You will gain important skills, new knowledge, contacts and many friends. We won't lie, it can be hard, especially at the beginning. But this little book is here to help you get through it. Welcome to the UHK Guide.

Look for useful tips in bubbles!

Wherever you see this symbol , it means that there is way more information about a certain topic. You just need to put the text next to the symbol in the search bar at our websites.

 uhk.cz/en

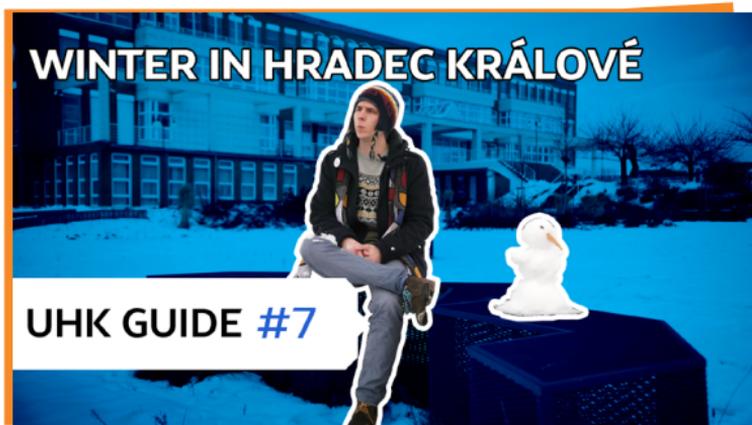
Enjoy your studies at UHK!

Publicity and Communication Department

Matyáš Strnad

Just a quick heads up. Since you're studying at UHK you have probably already heard about the video called UHK Guide. Make sure to check out our YouTube channel.

 [University of Hradec Králové](#)



WELCOME TO THE CZECH REPUBLIC

General information

The Czech Republic (Czechia) is a landlocked country located in Central Europe bordered by Germany, Poland, Slovakia and Austria. The country is divided into thirteen regions, plus the capital city and region of Prague.

Useful facts

The **Czech economy** is based on industry and manufacturing, especially the automotive sector. Car production alone makes up almost 18% of all exports and hundreds of thousands of people across the country work in the industry.

The official language is Czech. It is a Slavic language that is mutually intelligible with Slovak, and roughly intelligible with Polish.

While approximately 86% of our neighbours **believe in God**, only 29% Czechs say the same thing. Czechs support legal abortions (84%) and same-sex marriage (65%).

Population



10,516,707

Area



78,866 km²

Currency



Czech koruna (CZK)

Capital



Prague

Government



Unitary parliamentary constitutional republic

Language



Czech



44.7% Undeclared
34.5% Non-religious
10.5% Catholic
2.1% Other Christians
0.7% Other religions



A TASTE OF THE CZECH LANGUAGE

Hello	Ahoj [uh-hoy] (informal) Dobrý den [dob-ree den] (formal)
Goodbye	Na shledanou [nah skhledah-no]
Good night	Dobrou noc [dob-row nots]
Please	Prosím [pro-seem]
Thank you	Děkuji [dye-hu-ku-yi]
You're welcome	Není zač [neh-nee zach]
Sorry	Promiň [pro-min] (informal) Promiňte [pro-min-teh] (formal)
How are you?	Jak se máš? [yahk seh mahsh] (informal) Jak se máte? [yahk seh mah-teh] (formal)
My name is...	Jmenuji se... [yme-nu-yi seh ...]
Nice to meet you	Jsem rád, že vás poznávám [ysem rahd, zhe vahs poznah-vahm] (masculine speaker) Jsem ráda, že vás poznávám [ysem rah-duh, zhe vahs poz-nah-vahm] (feminine speaker)
I don't know	Nevím [neh-veem]

I don't speak Czech	Nemluvíím česky [nehmloo-veem ches-ky]
Do you speak English?	Mluvííte anglicky? [mloovee-teh ang-lits-ky]
What's the time?	Kolik je hodin? [ko-lik ye ho-din]
How much does it cost?	Kolik to stojí? [ko-lik toe sto-yeey]

General information

Upozornění/Varování	Warning
Nouzový východ	Exit
Pozor	Caution
Zákaz vstupu	No entry
Přestávka/Pauza	Break
Otevřeno	Open
Zavřeno	Closed
Sestra	Nurse
Doktor	Doctor
Neklepejte	Don't knock
Vyčkejte příchodu sestry	Wait for the nurse

TRADITIONS

Easter

Easter is a popular spring Christian holiday celebrated by many around the world. In the Czech Republic, the tradition is such that men chase women around the village and spank them softly with a whip woven from branches. Don't worry, they do it to guarantee the women another healthy year and to preserve their youth and beauty.

Christmas

In the Czech Republic, Christmas is associated with many superstitions that usually relate to the life, love and destiny that awaits us in the year to come. According to one Czech custom, one is supposed to fast all day to see the "golden piglet" in the evening.

Food

A traditional Czech meal usually consists of two or more courses, starting with soup, followed by the main course.

Typical Czech cuisine is very meat- and dumpling-oriented. One of the most popular dishes is beef sirloin in cream sauce (svíčková na smetaně).

For more facts about Czechia, "Czech" out the YouTube video Geography Now! Czech Republic (Czechia)

WEATHER

▶ Watch UHK Guide #7 for more info!

The climate of the Czech Republic varies from season to **season**.

During summer, temperatures can rise up to 35 °C. Winters (December–March) can be either mild or harsh with temperatures below 0 °C. Do not forget to bring a warm coat!

PRICES

Two-course lunch at a restaurant (one person) **CZK 150–200**

Dinner with drinks (one person) **CZK 200–300**

Beer or soft drink **CZK 30–50**

Monthly rent/person (2-bedroom apartment in Halls of Residence) **CZK 3,300–3,800**

Monthly rent/person (3-bedroom apartment in Halls of Residence) **CZK 3,000–3,500**

Monthly rent/flat (2-room apartment) **CZK 10,000–15,000**

▶ Watch UHK Guide #1 – Study in the Czech Republic!

STUDY IN THE CZECH REPUBLIC!

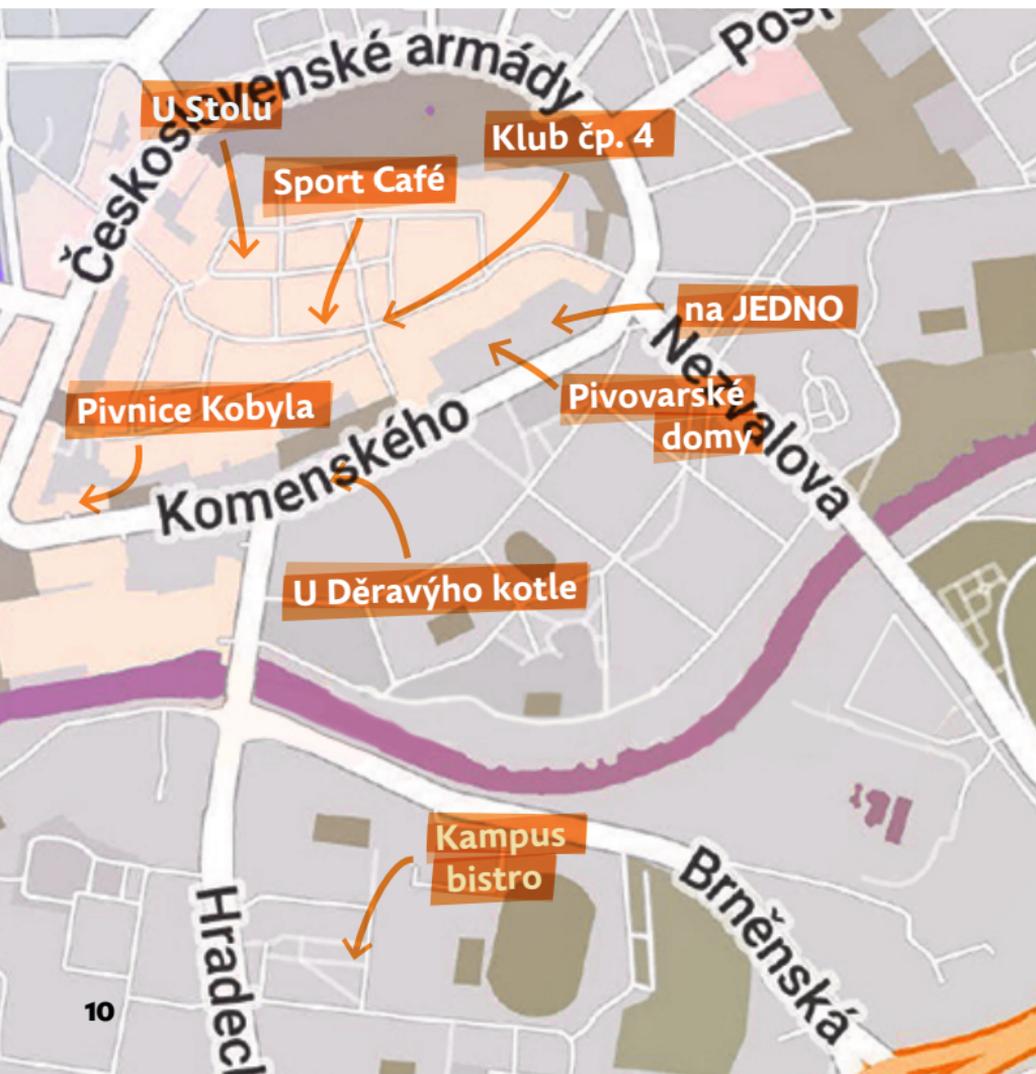
10 MILLION

UHK GUIDE #1

WELCOME TO HRADEC KRÁLOVÉ

Hradec Králové lies at the confluence of the Elbe River and the Orlice River. It is about an hour's drive from Prague. With a population of just under a 100,000, the capital of the Hradec Králové region is also known as a university town.

Best bars and pubs



THE CITY

It does not really matter what kind of music you like, which books you read, if you're a fan of classical or alternative theatre, if you prefer Hollywood blockbuster movies or more worldly cinematography – in Hradec, there are things to do for everyone.

Sights

White Tower
Wooden Church of Saint Nicolas
Cathedral of the Holy Spirit
Bono Publico
City fortification

Parks

Jirásek Gardens
Šimek Gardens
Žižka Gardens

Libraries

UHK University Library
Research Library
Hradec Králové City Library

Museums and galleries

East Bohemian Museum
Gallery of Modern Art
Petrof Museum

Classical music and concerts

Hradec Králové Philharmonic
Petrof Gallery
Adalbertinum
ALDIS Congress Centre

Theatres

Klicpera Theatre
Drak Theatre
“Dobré divadlo”

Clubs

La Fabrique
Denoche
AC club
Club č.p. 4

Cinema

Bio Central
Cinestar
Summer cinema Širák
Etienne Cinema

Others

HK Observatory and planetarium

CULTURAL & SPORTING EVENTS YOU NEED TO CHECK OUT IN HRADEC KRÁLOVÉ

August 2022

Hradecký Letorost Folk Music Festival

Hip Hop Kemp Music Festival

September 2022

Restaurant Day

HK Food Truck Fest

Bigyfest

Chilli Festival Mechov



October 2022

OlfinCar Half Marathon

International Archeology Day

Jazz Goes to Town

December 2022

Advent Markets

January 2023

Hradec Králové Winter run





February 2023

Sheep Ples (dance ball)

March 2023

Gladiator Race

April 2023

Earth Day

Hradec Králové Night Run

May 2023

National Festival of Non-Professional Chamber and Symphonic Ensembles



June 2023

Hradec Králové Open Air programme

Riverside of Artists

Rock for People

July 2023

Decathlon Hradec Sports Days

You can find more events at [Tourist information center](#).

TRANSPORTATION IN HRADEC KRÁLOVÉ

Hradec Králové has an extensive cycling network and the best way to get around the city is on **bikes** and **scooters**. The cycling network is about **80 km** long. If you don't want to buy a bike, you can use the **Nextbike** service.

If you sign up for a Nextbike account with your university e-mail address, you will get **CZK 160** as credit!



All trolley and electric bus timetables are available at the **Public Transport Company of Hradec Králové** website. Alternatively, you can also use the IDOS mobile app. dpmhk.cz/en



Main Railway Station and Public Transport Terminal

When you first got to Hradec Králové, you probably arrived at the Main Railway Station. It's good to know that the Public Transport Terminal (Terminál HD) lies less than 300 metres north from the Station. The terminal is divided into red and blue sections. If you need to travel around town, go to the Red Bay. From there you can get a bus to the "Palachovy koleje" Halls of Residence and even UHK. If you'd like to take a bus out of town, go to the Blue Bay.

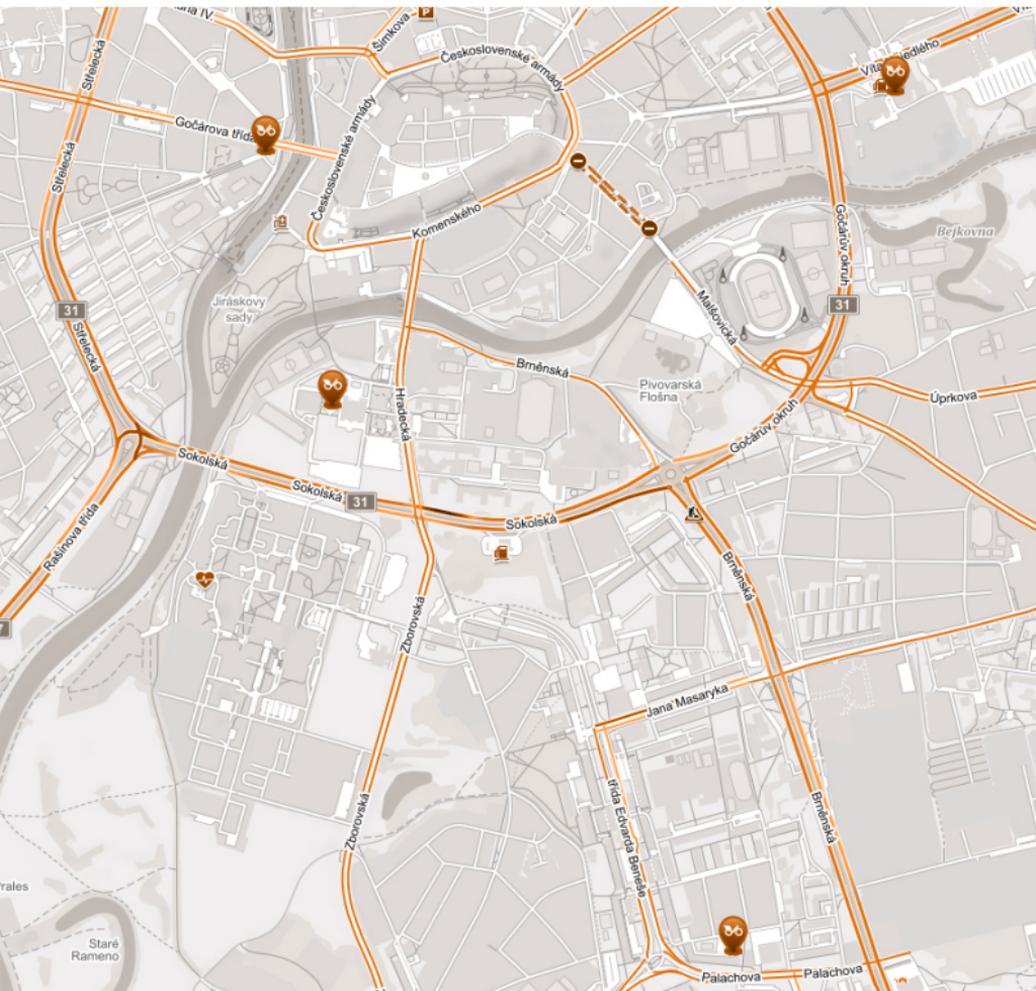
City card

Use your City Card as either a time ticket or an electronic wallet. You can also use it as an **ID card** at the **Research Library**, the **Flošna swimming pool**, the **wellness centre**, at the **City Spa** and at the **Hradec Králové City Library**.

Get your City Card from the **HK Infocentre** (Eliščino náměstí 626), the **Public Transport Terminal** (Nádražní street) or the **Public Transport Company** (Pouchovská 153).

nextbike

Official Nextbike stations in cooperation with UHK:



A complete map of all the stations can be found at en.nextbikeczech.com

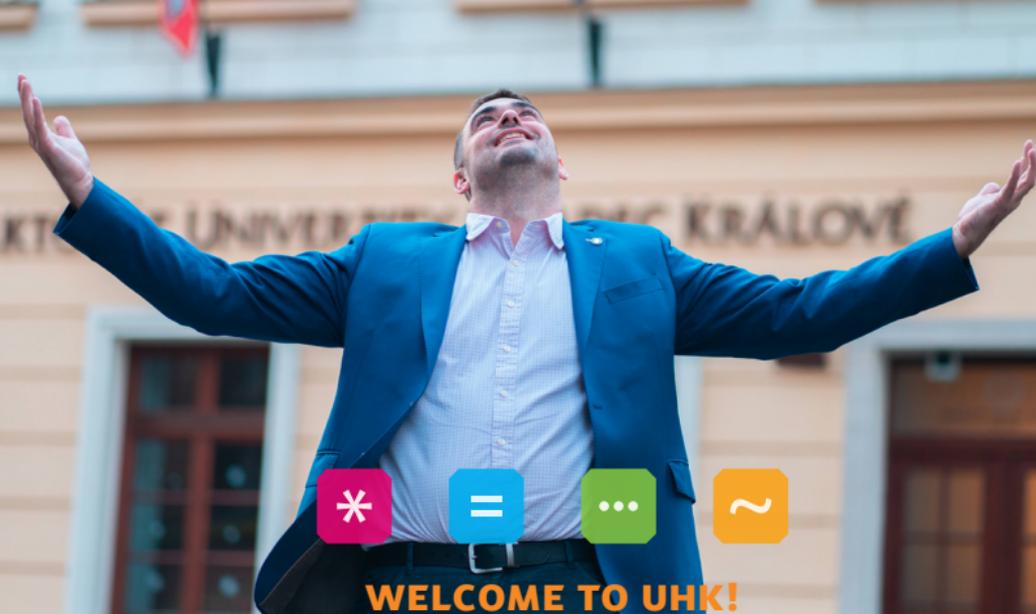
SPORTS IN HRADEC KRÁLOVÉ

The beautiful environment of the city forests is ideal for runners, in-line skaters, cyclists, horse riders and people who enjoy walking. Hradec Králové boasts several **multi-purpose sports centres**, **swimming pools**, saunas, many **natural pools**, the **City Spa**, a **golf course** and **several minigolf courses**, **shooting ranges**, **climbing walls**, rope centres and skateparks.

Search for more at ic-hk.cz/en.

IMPORTANT PHONE NUMBERS

Municipal Police	156
State Police	158
Emergency Medical Service	155
Fire and Rescue Service	150
Emergency Centre	112
Taxi services in Hradec Králové	
Metro TAXI	+420 720 444 000
TAXI Sprint	+420 777 337 711
Taxi Hradec Králové	+420 731 870 807



The University of Hradec Králové is a young but well-rooted institution. It's history dates back to **1959**. The University comprises of four faculties:

Faculty of Education

Faculty of Informatics and Management

Philosophical Faculty

Faculty of Science

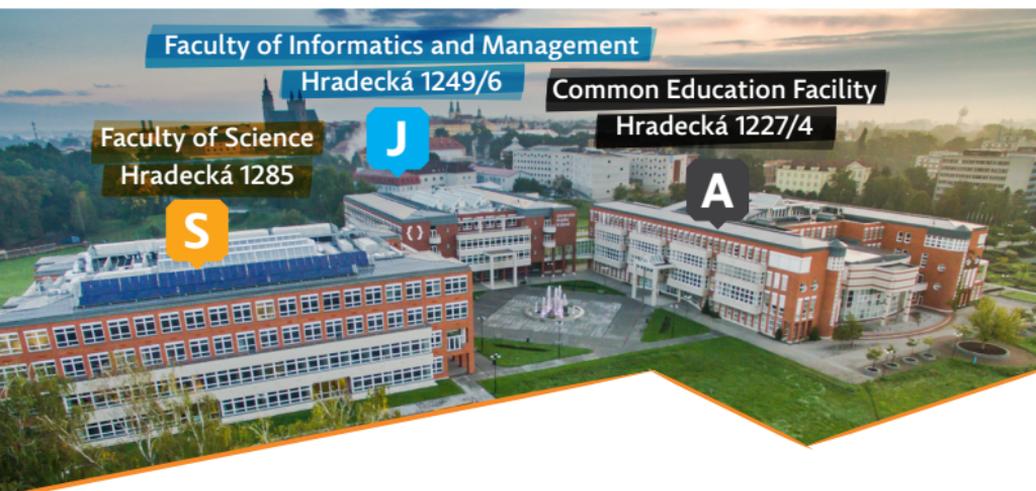
About **6,000** Czech and **500** international students are enrolled in more than **150** programmes. We offer undergraduate, graduate and postgraduate education. The **Na Soutoku Campus** is our home.

Good luck in your studies and I wish you many unforgettable experiences.

prof. Ing. Kamil Kuča, Ph.D.

Rector

UHK BUILDINGS



Faculty of Informatics and Management

Hradecká 1249/6

Common Education Facility

Hradecká 1227/4

Faculty of Science

Hradecká 1285

J

S

A

Faculty of Education

Víta Nejedlého 573

E



Philosophical Faculty

náměstí Svobody 331

B



K

Palachovy koleje
University Halls of Residence
Palachova 1129/17

R

Rectorate
Rokitanského 62



35

35

Pyram
bus stop

Tesla
bus stop

11

B

C

R

F

E

P

Zimní stadion
bus stop

Flošna

J

S

Na Soutoku
campus

Brněnská

H

ZÁMOSTÍ

31

A

Heyrovského
bus stop

31

Fakulní nemocnice
bus stop

35

Palachovy
koleje

K

TŘEBEŠ

Palachova

Zborovská

Štefánikova

Dean's Office: Building E, Víta Nejedlého 573, Hradec Králové

International Office

 **Building E**

 **Ms Petra Nosková**

 **Phone:** +420 493 331 141

 **E-mail:** petra.noskova@uhk.cz

Where do lessons take place?

Building A (Common Education Facility) – Departments of Czech, English, French, German and Russian Language and Literature, Department of Cultural and Religious Studies, Department of Pedagogy and Psychology, Department of Technical Education, Institute of Primary, Pre-primary and Special Education, Institute of Social Studies.

 Bus stops: Heyrovského, Zimní stadion, Fakultní nemocnice

Building E (Dean's Office, International Office, Study Department, etc.)

 Bus stops: Tesla, Pyram

Building F (Music Department)

 Bus stops: Adalbertinum, Zimní stadion

Building H (Department of Physical Education and Sports)

 Bus stops: Hotel Garni, Koupaliště Flošna

Building P (Department of Art, Visual Culture and Textile Studies)

 Bus stops: Adalbertinum, Zimní stadion

Web and social networks



Faculty of Education, University of Hradec Králové



uhk.cz/en/pdf



doc. PhDr. MgA. František Vaníček, Ph.D.
Dean of the Faculty of Education

Dean's Office: Building J, Hradecká 1249/6, Hradec Králové

International Office

 **Building J**

 **Ms Eva Pospíchalová**

 **Phone:** +420 493 332 210

 **E-mail:** eva.pospichalova.2@uhk.cz

Where do lessons take place?

Teaching at the Faculty of Informatics and Management primarily takes place in **Building J** and in the Common Education Facility (**Building A**) on the Na Soutoku campus. The nearest public transport stops are: Heyrovského, Zimní stadion, Fakultní nemocnice.

Web and social networks

 Faculty of Informatics and Management, University of Hradec Kralove

 uhk.cz/en/fim



prof. RNDr. Josef Hynek, MBA, Ph.D.
**Dean of Faculty of Informatics
and Management**

Dean's Office: Building B, náměstí Svobody 331, Hradec Králové

International Office

Building B

 **Ms Martina Eliášová**

 **Phone:** +420 493 331 212

 **E-mail:** martina.eliasova@uhk.cz

 **Ms Markéta Doležalová**

 **Phone:** +420 493 331 218

 **E-mail:** marketa.dolezalova@uhk.cz

 **Ms Věra Kouřimová**

 **Phone:** +420 493 332 908

 **E-mail:** vera.kourimova@uhk.cz

 **Mr Tomáš Herčík**

 **E-mail:** tomas.hercik@uhk.cz

 **Mr Josef Ležák**

 **E-mail:** josef.lezak@uhk.cz

Where do lessons take place?

Teaching at the Philosophical Faculty takes place in **Building B**.
The nearest public transport stops are: Adalbertinum, Lipky, Soud.

Web and social networks

 pf_uhk

 PhilosophicalFacultyUHK

 uhk.cz/en/ff



Mgr. Jan Prouza, Ph.D.
Dean of Philosophical Faculty

Dean's Office: Building S, Hradecká 1285, Hradec Králové

International Office

 **Building S**

 **Ms Pavla Holubová**

 **Phone:** +420 493 332 817

 **E-mail:** pavla.holubova@uhk.cz

Where do lessons take place?

Teaching at the Faculty of Science primarily takes place in **Building S** on the Na Soutoku campus. The nearest public transport stops are: Heyrovského, Zimní stadion, Fakultní nemocnice.

Web and social networks

 Faculty of Science, University of Hradec Kralove

 uhk.cz/en/prf



doc. RNDr. Jan Kříž, Ph.D.
Dean of the Faculty of Science



**UNIVERSITY
MERCHANDISE**

 Univerzita
Hradec Králové





Become a part of the UHK family. This is our university merchandise. Where can you get it? Visit the University Library to purchase a hoodie, backpack or hat.



HANDY INFORMATION **& BASIC VOCABULARY**

Academic year

At UHK, the academic year has two semesters – the winter semester (September–February) and the summer semester (February–June). Lessons cover a **13 week period**.

Courses

Czech students take obligatory, semi-obligatory and voluntary courses. Your study plan is different and tailor-made just for you. Please remember to submit your preferences to the International Office in time!

Lectures

With some courses, a guarantor (associate professor or professor) may give non-obligatory lectures. You need to attend these lectures if you want to pass the course.

Seminars

Apart from lectures, you may also need to attend seminars. These are more practical and are designed to further the knowledge you gain at lectures. They are also **obligatory**, so make sure you show up!

Credits

UHK uses the European Credit Transfer and Accumulation System (ECTS). You gain credits for successfully passing a course.

Pre-exams

You must meet certain criteria to be allowed to sit the final course test. You may be required to write an essay or give a presentation, for example.

Exams

Exams can be written, oral or practical. Depending on how you do in your exam, you'll get a/n A, B, C, D, E or F. If you get an **F**, you fail the course. Please keep in mind that you can try no more than **3 times** to pass an exam.



Academic Year

Winter semester

Start of studies	19 September 2022
End of studies	18 December 2022
Christmas holidays	19 December 2022 – 1 January 2023
Examination period	2 January – 26 January

Summer semester

Start of studies	6 February 2023
End of studies	7 May 2023
1st Examination period	9 May 2023 – 30 June 2023
Summer holidays	1 July 2023 – 13 August 2023
2nd Examination period	14 August 2023 – 31 August 2023

Note: May vary across faculties

COMMUNICATING WITH YOUR TEACHER

How should you address a teacher in the hallway, during a lecture or in an email message? Check out this short guide to navigating through university etiquette.

Bachelor	Bc.	
Engineer	Ing.	PhD Doctor
Master	Mgr.	Name and surname
E.g. Doctor of pedagogy	PaedDr.	
Associate Professor	doc.	CSc. Candidate of Sciences
Professor	prof.	

IMPORTANT! Always use the highest title when addressing the teacher.

Prof > doc. > candidate of sciences > doctor (pedagogy, theology, medicine, etc.) > Mgr./Ing. > Bc.

You should communicate with UHK teachers and staff only via UHK email.

TO:

Who is the email for?

SUBJECT:

Start with a short subject line.

EMAIL STRUCTURE:

1. Address your teacher formally by using their title and name
2. Your message
3. Closing part with greetings
4. Your signature

CONTENT:

Dear Associate Professor Cook,

I am emailing to kindly ask you if you could provide me with a short consultation regarding my essay *Smart Technologies and the World Around Us*.

John Smith

Send



Read the message before you send it. You don't want to come across as someone who makes unnecessary mistakes.



Don't forget to check your school email regularly!

DON'T FORGET!



Attend the orientation lecture

Arrange your Learning Agreement



Change your password in the university system

Get your student identification card



Submit your study plan



Pay for your accommodation



Get a Czech bank account (if you are a non-EU student)

Like your faculty and the university social networks



Participate in the ESN Welcome week
(party, Czech presentation, Scavenger Hunt)



Have fun every single day!



STAG

IS/STAG is an information system designed to electronically manage your **STudy AGenda** at UHK. It facilitates a wide range of functions from the admissions procedure to the award of a degree. You can use it to **manage your study programmes, courses, study plans and student mobility**, or to **enroll in courses, apply for exams, write assessments**, to record Bachelor's and Master's dissertations, **set timetables**, and do much more.

Logging into STAG

 [Switch to English in the right corner](#)

The system is available at stag.uhk.cz – sign in with your login details. Your username is the first 5 letters of your surname and 2 letters from your given name + 1 digit (e.g. surnana1).

Please go to our IT user guides for troubleshooting tips.

[IT user guides](#)



UHK STUDENT CARD

One of the things that you definitely cannot live without at UHK is your **UHK Student Card**. It comes in the form of an ID chip card. Let's call it an ID Card.

Your ID Card gives you access to a wide range of services. Use it to print and copy things, borrow books, establish your identity, and access UHK buildings and lockers.

Get your ID Card at the **UHK Service Centre** in the Common Education Facility (Building A). The ID Card alone costs CZK 200, but if you throw in an ISIC card as well, you can get the two at CZK 350 in total.

For more detailed information please go to our website.

[ID Cards](#)



Why ISIC?

The International Student Identity Card is simply your ticket to the international students' world. With ISIC, you get discounts on books, food, festivals, services, clothes, games, electronics and much more.

Learn more at [isic.org](https://www.isic.org)

UHK SERVICE CENTER

Your first steps at UHK will probably take you to the UHK **Service Center** in the Common Education Facility (Building A).

UHK has several service centers and they are there to help you with anything and everything that might bother you, like copying, printing, logging into the system, recovering forgotten passwords, topping your ID Card with credit, etc.

Service Centers can be found at Buildings A, E and J.

 **SC UHK Head:** Mgr. Drahomíra Jenišťová

 **Phone:** +420 493 331 383

 **E-mail:** centrum.sluzeb@uhk.cz, karty@uhk.cz

Service Centers are open Monday to Friday and occasionally also on Saturdays.

UHK Service Center



LOGGING INTO THE UNIVERSITY NETWORK AND WI-FI CONNECTION

You'll get your login details at the orientation lecture or sooner.

The Wi-Fi network at UHK is connected to the international **Eduroam (name of the wi-fi)** project, which is covered by the **CESNET** Association.

You need to insert the entire UHK email and password sent to you by the coordinator in the email.



Setting up client devices

Automatic configuration for mobile phones can be carried out using the Eduroam CAT (Configuration Assistant Tool).

cat.eduroam.org

For authentication, enter your username in the form `username@uhk.cz` (caution, this is not your e-mail) and valid password to the particular user account (the same as your password to the study system).

Connecting at University Halls of Residence

You must have a valid user account in the UHK domain in order to connect. After accepting the rules, you will receive instructions how to set up a network connection in Windows. If you have trouble connecting, please contact the network administrator.

**Department of Information
Technology Services**

A magnifying glass icon positioned to the right of the department name.

**CESNET OFFERS SOME VERY
NEAT SERVICES FREE OF CHARGE!**



Upload, share and safely synchronise up
to 100 GB of data at:

owncloud.cesnet.cz

An online tool for complicated
calculations is available at:

metacentrum.cesnet.cz

metacentrum cesnet

Web konference

Online meetings and seminars
in your browser at:

meetings.cesnet.cz

Fast sharing and short-time data
storage (up to 500 GB) at:

filesender.cesnet.cz



FILESENDER

PHOTOCOPYING AND PRINTING

There are several self-service **photocopiers** at UHK. You can also scan documents and **send them to your e-mail**. You need a valid **ID Card with enough credit** to use these services.

To print something from a university PC, simply send your documents to the **YSoft SafeQ na forkys3.uhk.cz** printer. Then sign in to any printer at UHK with your ID Card and it will start printing. If you need any help, please contact the Service Center where you can also **add credit to your ID Card**.

TOPPING UP YOUR ID CARD



You can top up credit on your ID card at top-up points. The minimum amount of credit is CZK 20 and the maximum amount is CZK 1,500. Prices for photocopying and printing can be found in the Service Center's current price list.

Any unused balance on your card is non-refundable!



INTRANET UHK – INTRANET.UHK.CZ

Personalised internal websites, which serve as an information portal, contain tools and links to other UHK applications. They contain information regarding lesson changes, news, consultation hours and much more.

intranet.uhk.cz

MICROSOFT OFFICE 365

All UHK students have the opportunity to use the MS Office 365 package **free of charge**. It contains:



Outlook – Practical e-mail client



OneDrive – 1,000 GB online file storage provider – editing documents on-line in Word or Excel



SharePoint – Sharing documents online



MS Teams – Online communication app

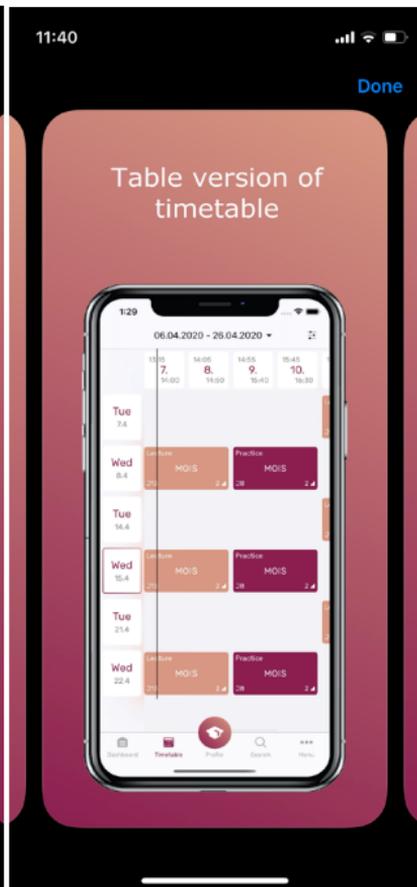
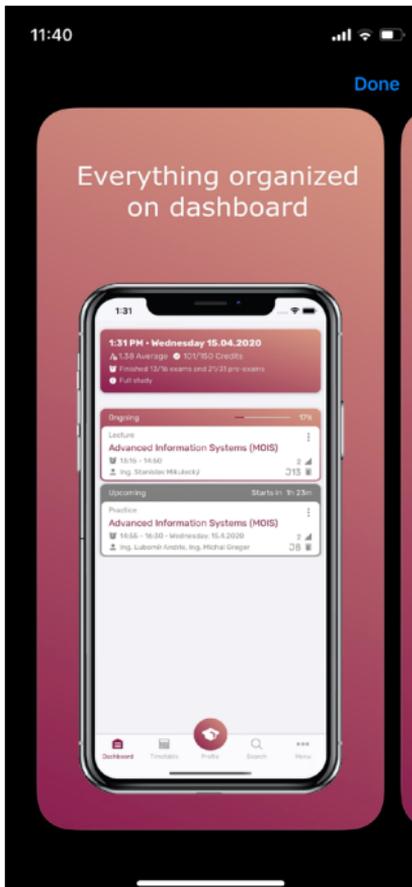
Microsoft 365



MOBILE APPLICATIONS

UHK has two university **mobile applications** to help you get organised. **Both are free** and offer a number of useful features because they are interconnected with STAG. Use whichever you like.

UNIVERSITY – IS STAG



Scholarship	Conditions	Amount
Extraordinary	<p>Can be awarded for: outstanding academic achievement, outstanding scientific, research, development, artistic or other creative results, outstanding sports achievements, important activities carried out in favour of UHK.</p> <p>Or in support of mobilities.</p>	Various amounts during the whole year.
Difficult Social Situation	Officially confirmed by the Social Security Office.	Granted on a case-by-case basis.

MEDICAL CARE

What should you do if you get sick? You could technically go back home and see your own GP, but that could be expensive. Alternatively, you could see a doctor in Hradec Králové. Just remember to bring your **passport**, **health insurance card** and your **student card** (ISIC) with you.

 **MUDr. Petra Hošková**

 Ground floor of Block A2 at the Halls of Residence located at Na Kotli 1147 (the closest bus stop is Hotel Garni)

 **Phone:** +420 495 263 067

 **E-mail:** hoskova70@seznam.cz

 **Opening hours:**

Mo	7:00 AM – 1:00 PM
Tu	12:00 PM – 6:00 PM
We	7:00 AM – 1:00 PM
Th	7:00 AM – 1:00 PM
Fr	7:00 AM – 1:00 PM

Some other medical facilities that you can go to are the University Hospital Hradec Králové (Sokolská 581) - this is where the Department of Emergency Medicine is (go there only in very serious cases) and the Health Centre III (tř. E. Beneše 1549/34).

The hospital staff speaks English.



If there are no vacancies, alternative accommodation will be provided.

ACCOMMODATION IN HK

If you want to stay at the dorms, **don't leave things until the last minute and plan ahead. You really need to apply before you get to Hradec!** Vacancies are usually first offered to international students.

University Halls of Residence

The Palachovy Halls of Residence (referred to as “Palachárny”) are a huge complex with 7 entrances and can house up to 869 students. Typical flats have 2 - 3 bedrooms, a kitchen, a toilet and a bathroom. Kitchens are fitted with a fridge, a freezer and an electric cooker. You can use the washing machines and dryers located in the basement of Entrance E for a small fee.

The dorms also have a piano and table tennis.

The following services are also offered:

- Bedding rental (included in the residence fee)
- Rental of a set of dishes (only a whole set can be borrowed) - service charged according to the price list
- Iron rental – service charged according to the price list
- Gym
- Study room and social room

Students must follow the **UHK Halls of Residence Rules**. They are published on the UHK website and hung on the walls of the halls of residence at the reception desk and at every entrance.

Before moving in, each student must pay a refundable deposit of CZK 2,000.

Please take special note that the accommodation period ends sooner than the semester (end of the examination period). So it may happen that you will need to look for alternative accommodation.

 **Phone:** +420 493 336 000 (Reception)
+420 493 336 103

 **E-mail:** koleje@uhk.cz

Halls of Residence



Private accommodation

You might want to arrange your own private accommodation. It pays off to share a flat with more people, so make sure you ask around for some flat mates.



Forstudents.cz



WHERE TO EAT

Or how to avoid starvation without ruining your wallet.

You can get small snacks and refreshments on campus:

Staffim coffee (Relax Zone, Building J)

Buffet at Building A

Kafekára (Ground floor of Building A)

Vending machines all over the campus



Lunch for students

University Canteen Na Kotli (Na Kotli 1147)

School lunchroom Hradecká (opposite the UHK campus)

Kampus Bistro (opposite the UHK campus)



If you fancy more than a snack, there are several great restaurants on the way towards the city centre.



UNIVERSITY LIBRARY

The UHK Library is located in Building A. Use the Advanced Rapid Library catalogue to look up individual titles [-arl.uhk.cz](http://arl.uhk.cz).

An indispensable part of the library's offer are e-sources – expert databases and e-books. Browse through the scientific databases with **EBSCO Discovery Service** (EDS).

EBSCO



If you need a book that the UHK Library does not have, use the **inter-library borrowing service** (MVS).

Aside from the thousands of publications that you can borrow, there are also books for sale in the University Publishing House, Gaudeamus, **including course materials!**

 **Phone:** +420 493 331 333

 **E-mail:** knihovna@uhk.cz

UHK Library



WARDROBES AND CLOSETS FOR WINTER CLOTHES

It surely is not an issue during the summer, but winters are harsh, and in order to survive you have to wear a jacket or a coat. There are closets and wardrobes where you can store your winter wear for the time necessary **for free**, so you don't have to drag it around your classes. You'll find them at Buildings A, J, and S.

INFORMATION, COUNSELLING AND CAREER CENTRE



IPaKC UHK

The IPaKC UHK is made up of five interconnecting centres: Contact Point and Information Service, Social Counselling Centre, Psychological and Therapeutic Support, Augustin Support for Students with Specific Needs and the Career Centre.

If you need information or advice to help you get through a difficult streak, please check out our websites for more information, advice and contact details.



 **Mgr. Damián Kastner**

 **E-mail:** damian.kastner@uhk.cz



 **Mgr. et Mgr. Štěpánka Kryspínová**

 **E-mail:** stepanka.kryspinova@gmail.com



 **Web:** uhk.cz/ipakc

 **Phone:** +420 493 331389

 **E-mail:** poradna@uhk.cz

ACADEMIC CEREMONIES

Once you join UHK you become a member of the Czech academic community. The community has put in place certain social rules that you are required to follow. It also hosts celebratory events, at which you are expected to **dress formally**.



CULTURAL EVENTS AT UHK

The University of Hradec Králové is not only an educational institution; but it is also a cultural centre.

Gallery T and **Gallery P** cater for painters and designers and their expositions. If you are into singing, you can join the **UHK Mixed Choir** and if you like playing a musical instrument, be sure to check out our **Chamber Orchestra**.





EVENTS TO LOOK FORWARD TO IN THE ACADEMIC YEAR 2022/2023

September 2022

Seš-lost (students' welcome event)

Researchers' Night

Welcome Week with ESN HK

Eco Day



October 2022

Book Fair

JobStart

Erasmus Days

November 2022

November 17 at Václav Havel Squa

UHK Social Evening

UHK International Day



December 2022

University Ice-hockey Derby

Volleyball Tournament Rector's Cup

Christmas Charity with ESN HK and Rotarac Hradec Králové (D2240)



January 2023

Exam period
UHK Open Days



February 2023

UHK Ball
Welcome Week with ESN HK

March 2023

Education Days
University e-Derby



April 2023

University Sports Afternoon
and Academic run

May/June 2023

Exam period

STUDENT ORGANISATIONS

Some UHK students don't just want to go to classes and then straight home. They become members of a number of student organisations and they organise lectures, trips, discussions, film screenings, exhibitions, parties and many other activities. If any of the organisations are of interest to you, you can read more about them on our website!

Student organisations



AIESEC

International non-profit organisation run by students. Mediates volunteer and professional traineeships all around the world.



UHK Academic Film Club

Movie screenings with debates in Bio Central cinema are free for all UHK students!



DeskoUHKáčko

Holds regular board game sessions for all UHK students. Tons of board games to borrow and play for free.



Student Gaming Academy

A group of gamers and gaming enthusiasts. SGA organises different gaming events and LAN parties at UHK as well as at the Murloc e-sports bar.



HSS ČAS – History lovers



Otevřeno Hradec Králové



UHK Political Science Club



First Steps at FIM



TheaTram



SH1UK



Skrz naskrz



UHK Student Union



UHK Student History Club



UHK Student Archaeology Club



Student Club Libomudravna



Student Club Salaš



Student Club ÚSP

University Sports Club HK (USKHK)

Want to be fit? Sign up for a fitness course, adventure course or even team sports. The University Sports Club offers a wide range of courses at reasonable prices, a friendly environment and great coaches. You can also become a member of the organising team.

USKHK = endeavor, strength and fitness.



Web:

uskhk.cz



Phone:

+420 605 439 025



E-mail:

uskhk.zs@gmail.com





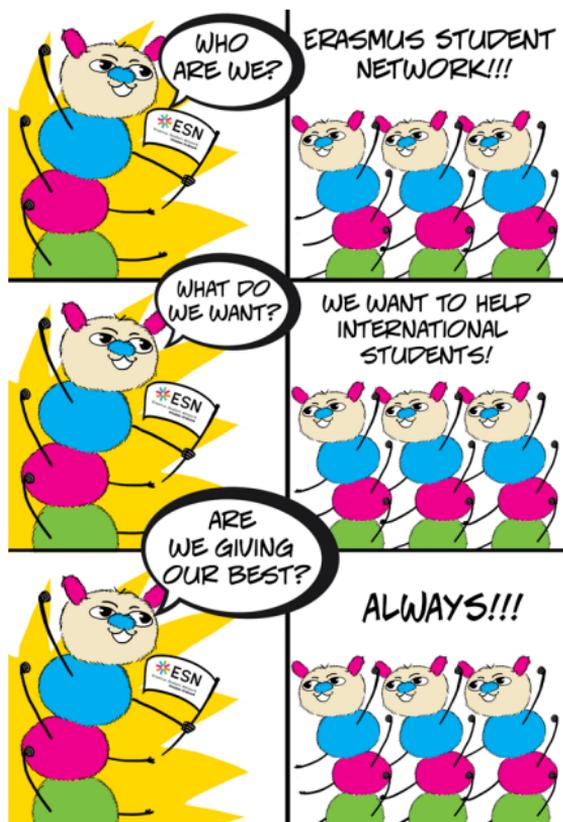
Erasmus Student Network **Hradec Králové**

The Erasmus Student Network is the biggest non-profit voluntary student association in Europe.

The network is constantly developing and expanding and ESN Hradec Králové is a part of it!

Every ESN HK member is devoted to helping and assisting international UHK students. We provide them with information about life in Hradec Králové and at UHK. We help them adjust and try to make their exchange experience as good and bright as possible.





We are all hands on deck and we are ready to help and assist every incoming UHK student!

ESN HK Office

 Room 102 in Building J (FIM at university campus)

 ESNHK

 esn_hk

 Web: esnhk.cz

SUPPORT FOR UNIVERSITY SPORT

Are you a top athlete? Would you like to represent your university in Czech academic competitions and contests? Join a prestigious sports team at UHK and get the benefits you deserve. Our goal is to fully support everyone who does sports at UHK and in so doing ensure the continuity of their dual career as both an athlete and a student.



TOP-LEVEL SPORT



EXPERTISE



ACADEMIC SPORT

✉ **E-mail:** podporasportu@uhk.cz



MINISTRY OF EDUCATION,
YOUTH AND SPORTS



UNIS

GYM UHK

If you like to stay in shape, join our new gym at the dorms. It's run by students for students. You need your Student ID Card and a reservation to use the facility. Check out our website or visit our social media to find out more.

GYM 

 **gym_uhk**



Stay on top of university news.

Universitas is a new independent online magazine about science, education, research and higher education. It is run by 20 Czech universities, including the University of Hradec Králové. Universitas was first published in early 2017. It is a professional magazine directed at Czech and Slovak academic staff. Readers turn to it for in-depth analysis, interviews with renowned researchers, commentaries and local, national and international news.

Universitas is also a platform where people can discuss hot topics regarding Czech and Slovak higher education, such as reforms of the higher education system, the financing of science, and the ranking of universities. It emails a newsletter each month to almost 6,000 academic staff and PhD students. Universitas also embraces social media – it posts its articles to Twitter and Facebook.

magazine for universities

Universitas



@universitascz



www.universitas.cz



[/universitascz](https://www.facebook.com/universitascz)

A PIECE OF ADVICE FROM OTHER INTERNATIONAL STUDENTS



Even though moving to a place where you don't know anyone might be somewhat frightening and intimidating, don't worry. Try to go international and don't just hang out with people from your country, it will make the experience way more enriching and you will have a home in several parts of the world.

Josefina Lonardi, Argentina

Erasmus is an awesome experience, but don't forget to enjoy the little things in life. The memories of simple moments are the most enjoyable things that you can get from the time you have.

Hradec Králové is your home for the semester, appreciate it as the best place to learn, laugh and meet amazing people.



Andrés Alejandro Pernía López, Venezuela



Getting to know people from all over the world makes you feel like you are travelling even if you stay put in one place. Moreover, the University supported me in every way possible; even before my arrival. I will not forget and I am very grateful.

Rafaela Gonçalves, Brazil

Life is made of narratives and stories, and I am delighted to have the UHK and the experience of living in Hradec Králové with me. Even if I choose not to settle in Hradec Králové, I will carry in my heart all the people I have met, all the pleasant evenings at the pubs with my friends, the long political discussions I had till late hours, and all the time I have spent at the university.



Gabriel Olegário, Brazil

UNIVERSITY ON SOCIAL MEDIA

Facebook

 UniversityofHradecKralove

Instagram

 uhk_en

Twitter

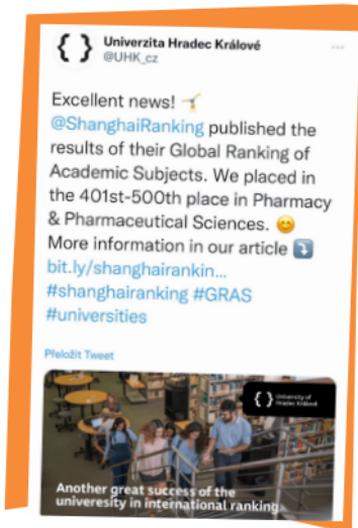
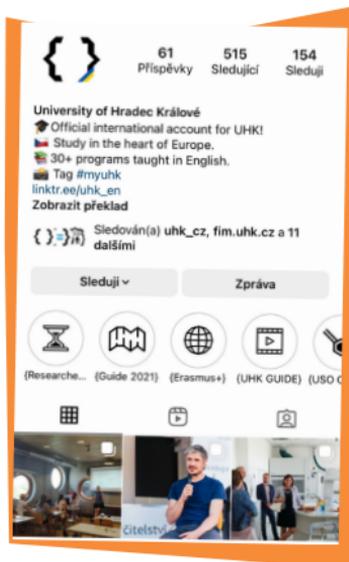
 UHK_cz

LinkedIn

 Univerzita Hradec Králové

YouTube

 University of Hradec Králové



Stay in touch and follow us on social media!

Sustainable UHK



Behave responsibly! The university does what it can to help the environment. Join us in maintaining the conditions to preserve our planet Earth. Sustainable behavior not only benefits nature but also saves money.

Responsible behavior at UHK



Save energy!



If everyone at the dorms makes 2 cups of tea with one liter of hot water per day, we will needlessly pay 300,000 CZK for electricity consumption per year. Heat only the water you need, switch off unnecessary lights, turn off electronic devices that are not in use.

Save water!



When using the toilet, think twice about whether it is necessary to flush with a larger amount of water. It is possible to use a smaller flush button. Take brisk showers and do not leave the tap open unnecessarily.

Sort waste!



The management of sorted waste is five times cheaper than mixed waste. By sorting the waste you help the environment and also your budget. Rising expenses affect the rent at our dormitories.

Sorting recycled waste

In the Czech Republic 3 out of 4 citizens sort and recycle their waste. You can also help to preserve a healthy environment by learning how to properly sort waste. The rules differ from country to country but also from city to city! Here's how it works in Hradec.



Papír = paper ●

For clean paper of all sorts.

Sklo = glass

There are two types – clear ● and the rest ● (green, brown mostly).

Plast = plastic ●

PET bottles, clean plastic packaging and also TetraPak (e.g., milk box).



Sometimes there are also these gray containers that are used for metal (empty drink cans, broken but clean kitchen utensils and food cans).

Kov = metal



CODE OF ETHICS OF THE UNIVERSITY OF HRADEC KRÁLOVÉ

UHK wants a safe environment for students and employees, which is why it amended the Code of Ethics of the University of Hradec Králové at the end of 2021. This Code of Ethics forms university ethical principles that apply to all students and employees of UHK. 

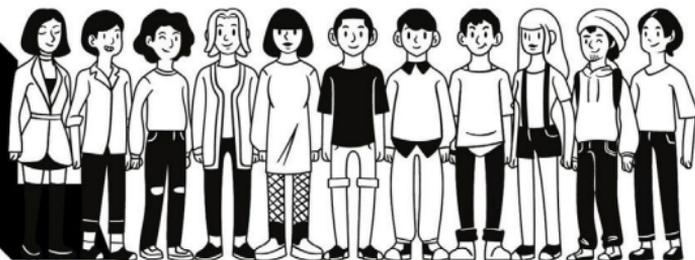
The complaint to investigate a violation of the Code can be made by submitting it via e-mail etickakomise@uhk.cz or physically in paper form to the UHK registry office. In the case of filing a complaint through the UHK registry office, it is necessary to state on the envelope the following: "UHK Ethics Committee – do not open."

The Ethics Committee handles all complaints regarding violations of the Code. The Rules of procedure of the Ethics Committee UHK define further details and requirements for filing a complaint. 

UHK condemns all forms of violence and, in the context of sexually motivated violence, recommends using the instructions in the following video. 



We want everyone to feel good at UHK, so always treat others with dignity and respect.





UHK GUIDE

Department of Publicity and Communication

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