





## MY STUDENT EXCHANGE EXPERIENCE

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I am Viktorya Babakhanyan from Armenia. I am a third-year bachelor's student at Yerevan State University. Until recently, I was doing my Erasmus + mobility in Hradec Králové, Czech Republic and I can surely say that I am satisfied with my choice.

I would definitely recommend studying at the University of Hradec Králové. It has all the necessary equipment a student may need for studying. The people in the Erasmus office are very nice and helpful and the students from the Erasmus Student Network made our stay great. From the beginning, they helped us a lot. I would advise the next generation of Erasmus students to participate in all the interesting activities that they organize.

The education system and the way how the university staff is paying attention to you from a lot of small and simple things to creative and productive classes was a new motivation for me and a new period to set bigger goals. Besides, I also discovered one hidden desire for me, and it was traveling alone. It started in the small city of Hradec Králové, it made me trust myself more than ever. I found out a lot of places in Hradec Králové that at first sight were not that attractive to me but later were the inspiration to go ahead to explore more. The magic of traveling alone is often hidden, underlined. I realized it only after the initial fear was gone and I explored this city, learned all its secrets, heard all that it had to whisper to me - only to me. You cannot help falling in love with it. Each country has its own culture and social norms, while its people come from different backgrounds with different mindsets than yours. This adaptation to a new culture may be overwhelming to some, so before choosing an Erasmus destination, you should take some time to think about what you want to gain from this experience, whether getting out of your comfort zone, exploring new things, meeting new cultures, or living the best of your life in a foreign country that feels like home.

There are things you can do only during a certain time in your life and never again. If you do not do it now, you might never get a chance to do it. Eventually, people only regret the things they did not do, not the ones that they did, so what is there to lose? Just give it try.

If for many people the past year was a time of darkness and lack of perspective, for me it was a year of hope; a year of counting down to the best part of my life. It is not crazy to think of how things might be better in a year, we should admit it - we have all dreamed about this near future, free of illnesses and restrictions.

The person who took off from that airport is not the same person who will land back there. My life has shifted so much, in so many ways between those two flights including me because I have changed as well. I have adjusted myself, my personality, and my actions, to my surroundings.