





My experience in Hradec Králové with ERASMUS program

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My time at Hradec Králové University was very enriching. At the beginning of the program, I encountered many emotions, fears and challenges. The day of my arrival one day in February I started to feel the cold breeze in Hradec, I was faced with a new language, way of life, rules. It was a nice adventure to discover little by little with the help of my roommates, coordinators of the university. The process was good. One of the experiences I had at the beginning was that I never felt alone, I always knew and felt the support of the university community. With my experience in Hradec Kralove I learned to be stronger, independent, curious, to talk with people who were speaking a completely different language.

The first days at the university were for me one of adaptation. The first week the coordinators received us in a pleasantly organized way, with all the information and guidance necessary to start the university rhythm.

The subjects I took were very useful and helped me a lot to complement my knowledge in the sociology area of my degree. All the courses were very diverse, the content of some classes was from the perspective of the Czech Republic and globally, which helped me to have a better sense of reflection with my environment and a vision of my country from the outside, for example: mediation issues, Central European history, social work administration, that and more! There were many areas that I felt complemented my sociology studies and the teachers always made the classes fun and participatory. Another very particular course that I really enjoyed and was a great challenge for me was taking Czech language courses. I must be honest that Czech has its charm and difficulty like all languages. Taking this course gave me more confidence and motivation to be able to relate and get involved with the Czech culture like greeting, ordering in a restaurant, ordering some things in the supermarket. The Czech classes were very fun and useful.

One of the characteristics of Hradec Králové University to highlight is that it promotes a global and diverse community, so you can have the opportunity not only to access information and diverse learning, but also to be part of a diverse group of students where, through I they shared cultural and academic experiences with them. That was very enriching and complementary to the ERASMUS programme. As well as being able to participate in the extracurricular activities offered by the university. I really liked listening to professors from Latin America in the Czech Republic, speaking from a critical and analytical perspective, so I also think that the university was very receptive to listening to our ideas and initiatives, since with some colleagues from Latin America we proposed-organized an activity on Women's Day March 8 and the university was very collaborative and active in this event. It made us feel included. Another moment was that there was an interaction between the coordinator and the student to clarify or request information during the entire process of the ERASMUS program. Life in Hradec Králové is very calm, safe, honest. I really enjoyed getting to know the city, its rivers and it is surrounded by many lakes. It is a city where you can do many activities with nature and take beautiful walks. Czechs are very kind people, despite the language barrier. Many times they made an effort to understand me and help me with what I needed.

Living this ERASMUS Experience meant personal and professional growth. This opportunity has given me many challenges, ideas and new directions to continue growing and has inspired me to continue with my lines of research in the area of "sociology of education" and to be able to apply these experiences in my daily life.









