





## MY STUDENT EXCHANGE EXPERIENCE

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NAMIBIA

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Undoubtedly, the trip to the Czech Republic was an unforgettable experience. Living independently for nearly four months and handling problems without the support of your parents or anyone else you would ordinarily turn to at home truly helps you grow up in a way that you wouldn't for at least a few more years. More than anything else I have ever done, this experience has helped me develop as a person and put me in real-life scenarios. I have a lot more selfconfidence now, and it shows in the decisions I make and the risks I'm ready to take moving forward. I've become a lot more composed and serene. All because I applied for a program we are so fortunate to be offered by Univerzita Hradec Králové, I was able to learn a lot about myself and establish a perspective that I would not have without this experience or would not have acquired until much later.





My life has improved because of this opportunity, which has also significantly influenced the way I view and consider various facets of life. Even though the idea of being away from home for over four months at first seemed daunting, I quickly felt at home in the Czech Republic. The confidence this experience has given me is extremely humbling, and my time at the UHK has made me more eager to move out of my comfort zone and attempt new things. Along with living in a breathtakingly gorgeous and culturally vibrant city, I made some of the most incredible friendships which I know will last a lifetime. While it is somewhat upsetting that my time abroad is ending, the friendships, memories, and experiences I have earned will always have a special place in my heart.

I'm very glad I made the decision to participate in this event. I've had the time of my life, and I now want to explore the world outside of Europe much more. I hope that studying at the UHK can alter someone else's life the way it did for me because it has positively impacted mine in so many ways. In retrospect, I can say that the Erasmus program exceeded my expectations. I had a ton of chances to speak out and ask questions, and every time, my concerns were heard and addressed. The faculty provided me with complete support during the application process, and I felt even more supported after I was admitted to the program. significantly, from my perspective, I was able to contrast the courses offered by UHK and the University of Namibia. I sincerely appreciate the Erasmus program, which I believe enhanced my academic experience.

My advice to all students is that studying at the UHK is an experience of a lifetime, and I encourage each one of us to at least consider accepting any program or opportunity to do so. On the other hand, I believe that everyone should spend at least a few months of their lives living abroad since exposure to a different culture and way of life transforms one in the greatest way imaginable. You must have first-hand experience studying at the UHK to really grasp the experience. It does require courage. Realizing that you desire to do it is the first step. You made your decision before that plane took off. Face your fears, explore the world, and come to terms with why you are there. I assure you that you'll sort of discovering who you are.



