

MY STUDENT EXCHANGE EXPERIENCE

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I must start by thanking the UHK for giving me one of the best experiences of my life. Having this academic exchange was the best decision I could have made. I learned a lot about other cultures... In my case, I was able to learn more about Latin America in these courses than what I was able to learn living for 6 years in Ecuador. The world is so diverse and curious!

I've learned a lot about other cultures, countries, and ways of thinking. All countries have their differences and similarities, but learning about this made us grow so much as students and citizens of the world. We realized that there's always something beyond what we know in our countries.



Something that I will carry with me forever is the recipes that I've learned from my roommates and from my friends from other countries. These months have helped us to be more independent and self-sufficient in our daily lives. We've learned how to share and to be resilient, which have made us grow as people.

Also, something I've realized in this exchange is the importance of knowing English and other languages apart from your native language. All the students, no matter what corner of the world we come from, could speak English so we could communicate our thoughts, which helped us to break the language barrier. The world doesn't seem so big this way.



In this exchange, I focused on studying languages such as Czech, French, and English, apart from subjects related to my Psychology degree and Latin America. I had very good teachers who, in a short time, knew how to teach us very well the basics of each language and what we need to improve in each one. Each class was different and very dynamic, completely different from the methodology used in my home university.

I am very happy to have friends all over the world whom I can visit and who can show me their countries when I visit them. I think it's exciting to know that you can meet someone from every country and continent. Also, we are all excited to show each other how beautiful each of our countries is and what makes it special.

The university gave me everything I needed to enjoy this exchange, they talked to me about how the Czech Republic is, some of their traditions, the language, places to visit, and how to take advantage of our opportunities as students. I am very grateful to my coordinator because I have felt protected and safe in this place thanks to him and my teachers.

I hope to be able to study again at this university in the future and since I don't like to say "Goodbye", I will end this letter with a "See you later".

