



MY STUDENT EXCHANGE EXPERIENCE

ELENA ESPOSITO, ITALY

"This opportunity helped me to step out of my comfort zone"



I have been an exchange student of the Philosophical Faculty of the University of Hradec Králové for almost five months now. This opportunity helped me to step out of my comfort zone, I became more confident and I met new people that became close friends. I have learned interesting things about different cultures thanks to students of various nationalities.

Hradec Králové is a relatively small city in the Czech Republic, but very welcoming to different people. I enjoyed being in a multicultural environment. The university courses gave me the chance to explore new subjects that I was truly fascinated with. The professors were inspiring and polite, and they were always trying to satisfy students' needs and difficulties.

Living in the dormitories was a stimulating experience, it taught me how to respect other people and how to take care of myself. My room was really nice, always warm, which I think it was fundamental in a cold winter like the one in the Czech Republic.

The facilities were okay, I had no major problems during my stay. The buddy system organized intriguing events through which I met a lot of friends and had fun with them.

Hradec Králové was also nice because of its proximity to Prague. In one hour and a half, I was able to experience life in the capital. I also had the opportunity to travel more. I visited Poland, Hungary, Germany, and Austria during Erasmus. The train connections are excellent, and also the ISIC card that the university required us to get was really helpful for prices and discounts. Overall, I would value my experience in a positive way, and I would definitely encourage students from my university to choose Hradec Králové as their university destination.



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