



UAEM

Universidad Autónoma del Estado de México

MY STUDENT EXCHANGE EXPERIENCE

CRISTINA MARTIN, MEXICO

"My dream came true"



I always wanted to go on an academic exchange. Since the first day I attended classes at the university, I knew it was going to be something important for me. I thought it would be complicated, but life always gives you opportunities.

First of all, I want to mention that taking this semester at the UHK was the best decision of my life. It is certainly an experience that everyone should take because it is not only academic knowledge the one you obtain, it is also personal growth. Here I learned to live surrounded by other cultural expressions, other points of view, and other traditions that made me a better person.

Life with roomies

I took a piece of my roomie's countries in my heart. I am very lucky to have met them because now we are more than Friends. They became my sisters: we traveled together, we learned together, and even when we disagreed sometimes, we could always fix the situation. I learned to tolerate, to share, to take care of myself, to cook, and I learned to manage my budget.

UHK courses

The education system with international teachers was very nice. I liked knowing different methods of teaching, which allowed us to expand our scenarios and encourage collaboration and teamwork. I loved summer school, the learning methodology was very dynamic and effective. I take a great part of the Czech Republic with me.





Extracurricular activities

The trips, the school parties, the flags parade, the "what's with the world today" discussions, "meeting of the nations"... All these activities enriched me culturally. The integration with other students from other countries was very interesting and fun. I loved to have the opportunity to know about the history of the Czech Republic because it made me understand a lot about its culture and traditions. I carry many good things from this country with me, and I would like to take them as an example of the things I would like to improve in my country. I am really grateful for this incredible opportunity.



