



## MY STUDENT EXCHANGE EXPERIENCE

CARMEN ZARATE, MEXICO

My time in the UHK



My name is Carmen Irais Zarate Albarrán. I am from México and I am 23 years old. Since I was a little girl I dreamed of this experience, and I studied hard to accomplished this personal goal.

When I came to the Czech Republic, it was my first traveling abroad, I had never been to another country so, in the beginning, all the new things that were on my way represented a challenge for me.

Honestly, when this journey started I didn't think I would be able to live in another country on my own, but I wasn't truly alone.

In my flat lived other girls from Latin America and we built a friendship that would last forever.

I really forced myself to take lectures taught in English in order to improve my skills in the language. Fortunately, now I feel that my oral comprehension is better, although I still have to keep working.

I am so grateful to the UHK because this experience has changed my life in every sense. Definitely, I am not the same woman who arrived in September.









Thank you so much!

