Who are we?

The UHK Information, Counselling and Career Centre is a worksite providing support, counselling and information to UHK students, trying thus to support their professional and personal development, ensure good conditions for study, successful completion of their study programmes, and professional integration.

The centre provides all services free of charge.

The Centre is divided in five divisions:

- Contact Site and Information Service
- Augustin support of students with specific needs
- Social Counselling
- Psychological and Therapeutic Support
- Career Centre.

To get the consultation, you should always make an appointment in advance.

Contact Site

The Contact Site is a place where you can get comprehensive information about the Centre services and contact details of the counsellors. The staff can help you arrange consultations with other specialists.

Contacts:

E-mail: **poradna@uhk.cz** Address: Main Building (Building A, Hradecká 1227), ground floor

For more information and contacts, see <u>www.uhk.cz/ipakc</u>.

Centre for Information, counselling and career advice



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Augustin – support of students with specific needs

- Support of students with specific needs making the studies available to individuals with vision, hearing, or mobility impairment, and to individuals with learning disabilities, impaired communication abilities, and mental or chronic somatic diseases.
- The conditions of study are equalled through the provided services study literature digitalization, recording service, interpreting service, etc.
- In some more demanding services, the student pays certain financial contribution. For this, scholarship increase due to specific needs can be used.

To use the Augustin services, registration and making a contract on provision of services is required.

Contacts:

E-mail: petra.chalupova@uhk.cz

Address: Building S (opposite to the Main Building), 4th floor, room 74460

Social Counselling

- Support and basic counselling in case of any adverse social situation the student can meet.
- You can get information, for example, about social and legal issues, or about the study financing.

Services can also be provided anonymously.

Contacts:

E-mail:	petra.pavlickova@uhk.cz
Address:	Career Centre Office, Main Building
	(Building A, Hradecká 1227), ground floor

Psychological and Therapeutic Support

- Professional psychological counselling and therapeutic help and support.
- Support of students facing some study and/or personal problems, and to support them in finding and meeting their creative abilities.

The offered services include:

- Crisis intervention
- Psychological consulting
- Therapy

Services can also be provided anonymously.

Contacts:

E-mail: katerina.juklova@uhk.cz,

damian.kastner@uhk.cz

Consulting room address:

Building S (opposite to the Main Building), 4th floor, room 74450

Career Centre

- Preparing the future graduates for their entry to the job market.
- Career counselling, preparation for an interview, cooperation with the practice, and mediation of contacts with potential employers.
- CV counselling, preparation for a job/temporary job interview, or counselling at looking for a job/temporary job.

Contacts:

E-mail:	petra.pavlickova@uhk.cz
Address:	Career Centre Office, Main Building
	(Building A, Hradecká 1227), ground floor

