

POHA Ski course for Beginners

Jizera Mountains

Skiing and/or Hiking



Description: A long weekend in Bedřichov in the Jizera Mountains according to the current snow or "dry" conditions.

Program: Downhill skiing on trails suitable for beginners – Severák ski resort, hiking, games... Also, with group of Czech students.

Teachers who teach and advise.

The course will also take place in the event of unfavorable snow conditions with a change focus on hiking and exploring the Jizera Mountains (rocks, waterfalls, smugglers' trails...)

All ski equipment will be rented in the rental shop at the guesthouse at a bargain price.

Accommodation: Pension Artur, Janov nad Nisou. Sauna, whirlpool. Large common room. Full board (breakfast, lunch, dinner).

Transport: individually or with the group and one teacher by train and bus.

Date: 10 – 13 December 2026, meeting on Thursday 10 December in the evening, departure on Sunday 13 December in the afternoon.

Price: 3 x full board and accommodation – total 3000 CZK

Renting the ski equipment (skies and ski boots) estimated price about 800 CZK and ski lifts about 600 - 1000 CZK. (depending on snow conditions and use of ski lifts)

Registration: It is necessary to pay a deposit of 2000 CZK as soon as possible to the guarantor of the course, no later than the end of October. Office hours: <https://www.uhk.cz/cs/osoba/2117/david-chaloupsky>

Without paying the deposit, the application for the course is invalid. It is not enough to sign up only via STAG!

Only 20 places for foreign students from FIM reserved till the end of October. Whoever registers properly first and pays the deposit goes.

Completion of the entire course program = meeting the POHA for the semester.

More information: During consultation hours with the guarantor of the course.

Course guarantor: Mgr. David Chaloupský, Ph.D.